The Beacon, February 15, 2019

Beacon Staff

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Six women expected to run for 2020 presidency

As a political science professor, one has to be involved in politics, and Prof. Jeffrey VanDerWerff has taken his political experiences to the next level. Not only has he been a part of Northwestern’s campus for years and even served on the Board of Trustees, but he’s been personally involved in the politics of Iowa.

In the spring of 2016, VanDerWerff received word from a friend about an opening in the Iowa House of Representatives. While this had never been VanDerWerff’s original career goal, he never overlooked an opportunity to participate in democracy. With support from the community and encouragement from family, he decided to campaign and start an eye-opening process he’ll never forget.

During 2016, there were two other candidates running for election along with VanDerWerff: Skylar Wheeler and Kevin Van Otterloo, the mayor from Rock Valley. While all three were conservative Republicans, Wheeler was the most right-leaning, which made him stand out, along with his younger age. VanDerWerff spent his free time going door-to-door campaigning in the community, trying to prepare for the upcoming debates. There were three to four debates over the next few weeks, and the Republican primary was held in June of that year. While VanDerWerff received 25 percent of the vote, Van Otterloo received 28 percent and Wheeler won with 40 percent.

Though VanDerWerff didn’t win the election, there were still many people who signed off on him being a good alternate, and he still enjoyed the overall experience. While the press and publicity were hard on his family for those months, he loved being involved in local politics, and the debates were fascinating to him. It also gave him a new perspective in the classroom as he’s now able to bring more political experiences to his students’ education. Through the process, he also became good friends with Van Otterloo, and they still keep in touch to this day.

CONTINUED ON PAGE 4

PHOTO COURTESY OF NWC MARCOM

Dr. VanDerWerff uses his political background and experiences to teach his students and help them determine their beliefs.

PROFESSOR SHARES BACKGROUND IN POLITICS

KAITLYN ASMUS WRITING AND RHETORIC

As a political science professor, one has to be involved in politics, and Prof. Jeffrey VanDerWerff has taken his political experiences to the next level. Not only has he been a part of Northwestern’s campus for years and even served on the Board of Trustees, but he’s been personally involved in the politics of Iowa.

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CONTINUED ON PAGE 4
**Movie showcases Victorian period**

**MOVIE REVIEW**

BATTLES FOR FAVORITISM

ETHAN HUSBANDS

PSYCHOLOGY

The story of Queen Anne is one filled with tragedy of Greek proportions. However, the director of “The Favourite,” Yorgos Lanthimos, tells a more Shakespearean-style story about a Victorian-era love triangle.

The film stars Olivia Colman as Queen Anne alongside Emma Stone and Rachel Weisz whose characters battle for the queen’s favoritism. Although the screenplay is original, there are several truths amongst the witty, manipulative and wildly engaging plot that surrounds the queen.

It is true that Queen Anne had 17 children — none of which survived past the age of 12 during her reign as queen. It is suggested that she suffered from an autoimmune disease that essentially turned the body against itself while she was leading the charge in Queen Anne’s War. All of these are supporting plot points in “The Favourite” next to the Machiavellian chess match between both of the queen’s favorites.

In the beginning of the film, the Duchess of Marlborough (Weisz) has more power, prestige and kinship with the queen than her cousin, Abigail Masham (Stone).

As the film progresses, we witness the dynamic between the three shift as the ties between them grow loose, playing to the emotions of a queen.

The dramatic orchestral work of Vividills “Four Sea-sons” accentuates the delicate dance between the favorites and the queen. One of the notable strengths of Lanthimos’ writing and directing is the way he writes comedy. The delivery is very dry but unexpected. Although it is common for British jobs to be more backhanded and hiding behind a veneer of politeness, Lanthimos acquaints the audience with the vernacular and mannerisms and then surprises with a direct attack.

Another strength from the film is its cinematography. Robbie Ryan and Lanthimos capture the Victorian era in a way that showcases the costumes, sets and pageant without it feeling dated or stuffy. They manage to shoot a period in a way that it is rarely shot.

They use almost exclusively wide lenses as well as a 6mm fisheye, which is unorthodox for films, but even more so for period pieces. Lanthimos is able to capture the grandiosity that accompanies the regality of the royal family while still remaining close enough to capture the emotions of the characters.

In summary, Lanthimos has managed to write a refreshing period piece and direct it in a way that seems both old and new. The film is accompanied by strong performances from Coleman, Stone and Weisz, as well as a captivating cinematography.

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**Mumford and Sons release new album**

**MUSIC REVIEW**

IDENTITY LOST WITHIN DELTA

LIZZY JOHNSTON

PUBLIC RELATIONS

Back in November, Mumford and Sons released their fourth studio album, “Delta.” The album was the result of the band’s musical experimentation to explore a new sound, and the jury’s still out on if the result is positive or negative. In 2009, the band released their first studio album, “Sigh No More.” After 10 years of releasing music, are Mumford and Sons still trying to find their sound to the masses?

Fans of Mumford and Sons think of one thing when they hear the band name: the banjo. Past albums have been characterized by a distinct folk sound using acoustic instruments such as guitars, pianos, mandolins, double basses and banjos. Listening to their songs is an uplifting experience. A majority of their tracks start off slow and dreamy, with only lead singer Marcus Mumford and minimal instruments. With a crescendo of intensity, the tracks turn into an aggressive and fierce tour de force of folk sounds.

Their lyrics have always been deep and compelling, speaking the complexities of faith, love and life. They also feature heavy literary influences — references to Shakespeare, Homer, G.K. Chesterton and John Steinbeck have been made. In short, Mumford is a solid band with outstanding lyrics and a sound you don’t hear anywhere else.

The release of their third album, “Wilder Mind,” in 2015 divided the fans. The tracks did not have banjos or that giddy acoustic sound — it was replaced with electric guitars and electronic instruments. It was a popish album. Some fans hated the new sound, others appreciated the band’s experimentation.

“Delta” is a similar concept. The band is obviously conducting a wild experiment with new sounds and lyrics. The acoustic instruments and banjo have returned but have been drastically altered so the folk sound isn’t there. The new sound is electronics, jazz, rock and pop. The album is missing some of the joy from past albums. Compared to their past work, “Delta” seems dull.

While the sound isn’t stellar, the lyrics are still worth hearing. The theme of the album is in the name: a delta is where a river meets an ocean where there is a transition from safety to the wild. In the song “Wild Heart,” Mumford sings, “We saw birth and death.” Between the four tracks, Mumford sangs the various joys and tragedies of life, including the safe and wild parts.

This album focuses on what band member Ben Lovett described as the four Ds: death, divorce, drugs and depression. The lyrics on “Delta” deal with increasingly harder and hopeless topics than in the past. Mumford sings about running from a stained past, suffering, having no hope in sight and even how finding peace is impossible. However, in the midst of this heaviness, he recognizes the necessity of others and the hope they can give. He sings about falling back on others, letting them guide him through the rocky roads of life and his commitment to caring and loving them forever.

“Delta” is a bit of a disappointment. It is important for bands to experiment and expand their sound horizons; without change and bringing in new aspects to music, bands and artists would be boring and never be challenged. However, Mumford and Sons has pushed it to the point of a sound experiment gone rogue — their distinct sound and identity is lost on this album.
NW celebrates Black History Month

FEBRUARY SERVES AS ANNIVERSARY

KIRTRICK FRYARDT
MATHEMATICS

February is upon us, and that means several things. It’s Black History Month, a time to celebrate and learn more about the multicultural things happening in the United States and around the world. It’s a reminder of the incredible power that diversity can have in a culture that is often obsessed with conforming.

To celebrate the great contributions of African Americans to history all over the world, NW will be holding specific chapels and Ned Talks during the month of February. Coming to speak in such events in the coming weeks is NW alumni Christian Butler, the program director of New Start Recov- ery, who happens to have founded the multicultural group known as La Mosaic which still exists on campus, and Brandon Leake, the founder of Called to Achievements of African American men and women throughout our nation’s history, we remain committed to celebrating the intertwined role of African American achievements that is inseparable from the entirety of American history.

- Rahn Franklin

Move, an organization that inspires individuals to find their purpose in life through the arts. Leake is also known for being an artistic educator and a spoken word poet from Stockton, California. By the end of the month, NW will be hosting a poetry slam event with Leake which will acknowledge the Celebration of Black History.

When asked what students should be mindful of during this month, Rahn Franklin, the director of multicultural student development said, “Though the month-long event reminds us to celebrate the many contributions and achievements of African American men and women, throughout our nation’s history, we remain committed to celebrating the intertwined role of African American achievements that is inseparable from the entirety of American history.”

Franklin speaks into the truth that black history is more than just a part of American history; they are bound together entirely.

“Black History Month is more than a couple of days in the year; it represents an unapologetic embracing of the history of the African diaspora,” Franklin said.

Franklin reminds us that February acts as an anniversary for black history, not an observance. Simply by living in a country so connected with the joy, pain and breakthroughs of African-American history, we are observing that history each and every day. Franklin went on to say that some have even termed February “Black Futures Month” as it is a springboard into conversation of how the future of diversity in America will look.

We remain committed to celebrating the interwoven role of African American achievements that is inseparable from the entirety of American history.

-Rahn Franklin

Students are invited to embrace invitations to engage with each of our guests outside of the chapel space,” Franklin said.

For those who would like to learn more about black history or get involved themselves, Franklin recommends looking up George Washington Carver and his impact on lowan agriculture. It will hit close to home. Another place to get started is the African American History Month web portal, which is bursting with specific people and inventions to read about.

It’s in this time of celebrating, remembering and looking toward the future that what George Washington Carver said rings truer than ever: “I love humanity, and all humanity who is struggling to be something and somebody. I am not interested in hair, nationality, etcetera. I like all of God’s work. So, may we continue to pray and love one another more and more if possible as time moves on.”

Look in next week’s Beacon for a full story on Brandon Leake.

ASL club has arrived on NW campus

SIGN LANGUAGE BENEFICIAL

RACHEL KOERTNER
PUBLIC RELATIONS

A new club has come to campus, giving students the chance to learn a way of communicating — sign language.

According to the National Center for Health Statistics, around 28 million Americans have some degree of hearing loss — that is about 10 percent of the population. About 2 million of these people are classified as deaf, meaning they can’t hear sounds even with a hearing aid.

American Sign Language (ASL) is the most popular dialect of sign language used in the United States. There has never been a club at NW to learn this language that affects millions around the country until now.

Sophomore Kelsay Parrott decided earlier this semester to create this opportunity for NW students because she saw the need and because of personal experiences.

“I have been learning American Sign Language for about a year, and as I was talking to people around campus, so many people got super excited about it,” Parrott said. “I am passionate about ASL because of personal experience. I have met so many people through different events that needed sign language, and watching the interpreters mesmerized me. I was so frustrated not being able to talk with my friends and be a part of the conversation.”

Working alongside Parrott is the NEXT program coordinator John Menning. Menning has used sign language throughout his career in special education and says that it has been a beneficial thing to know.

“With the use of sign language, I have been able to help some children communicate for the first time ever,” Menning said.

“That has been so rewarding, seeing parents able to communicate with their son or daughter, perhaps for the first time.”

Menning and Parrott are working hard to make this club a success because they want more people to be able to communicate in this way. The club has already had its first meeting and many people signed up, including senior Emma Rathbun and sophomore Hannah Ross, who both think sign language is an important thing to learn.

“I am interested because as a child I had a friend that was deaf and used sign language to communicate, and it inspired me to learn it as well,” Rathbun said.

“A lot of people think they need to fix disabilities so that they fit in the world,” Ross said. “But it would be better to fix the world so that people with disabilities can live in it more easily, and I think learning ASL would help with that.”

Menning and Parrott have many of the same goals for this club they have founded, and just like Rathbun and Ross, are very excited to see it come to life and watch the people involved be able to communicate in sign language.

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“I think this club will help bring community to campus, and I think it will help us grow as a beacon of God’s light around the world,” Parrott said.

Meetings will be held on Monday from 8 to 9 p.m. However, Parrott says these meetings aren’t the only opportunity to learn.

“If anyone would like to learn some ASL, but cannot make it to the meetings, please contact me and I would be happy to meet with you one-on-one or in a small group to help you learn,” Parrott said.
Seasonal Affective Disorder affects millions

TIPS FOR SEASONAL DEPRESSION

ANNA PERRENOUD
PUBLIC RELATIONS

Are you feeling unusually depressed, unmotivated or irritable? It may be due to the weather if you're one of the millions of people who suffer from Seasonal Affective Disorder (SAD), a type of depression that is attributed to the change in seasons.

While SAD can affect people in all seasons of the year, the majority of sufferers experience symptoms during the fall and winter. According to the Mayo Clinic, symptoms of SAD can include feeling constantly depressed, sleeping problems, loss of energy and feeling sluggish.

The exact cause of SAD is unknown, but it may be due to a lack of sunlight, which in turn confuses your body's biological clock and messes with the level of serotonin and melatonin in your body, which contribute to your mood and sleep patterns, the Mayo Clinic explains.

As you might guess, SAD is more common for people with residence farther from the equator, which contributes to having longer, darker days in the winter. Women are also at more risk; the National Institute of Mental Health reports that women are four times more likely to suffer from SAD than men.

Because SAD stems from a lack of sunlight, one of the main treatments prescribed by doctors is light therapy. Sufferers of SAD sit near a bright light for about 20-30 minutes each day; other options include wearing a visor that produces light for roughly the same amount of time. Light therapy has been so successful for SAD patients that results are seen in a matter of hours or days, according to U.S. News and World Report.

The Mayo Clinic explains that some of the other treatments that doctors recommend to help get through the season are to spend time in the sun when it is available, be active and work on the mind-body connection through activities such as yoga, meditation and music.

Although 10 million Americans suffer from SAD, the typical change in moods that most Midwesterners feel does not necessarily constitute as having the disease; an additional 10 to 20 percent have a mild form of SAD.

Dr. Norman Rosen, who discovered the disorder and did the subsequent research on it, suggests that there is a lesser version of SAD that could be considered the more common "winter blues." However, those diagnosed with SAD could have more severe depression than nonseasonal depression, according to Dr. Rosen's research.

So, how do you deal with SAD as a college student when you live in Iowa and have to walk everywhere? Study Break suggests that you keep your lights on and curtains open, consistently spend time with other people and keep a regular routine to get your biological clock in working order. In addition to that, Study Break also suggests exercise and encourages speaking to a professional about your feelings.

With spring just 34 days away, SAD sufferers can look forward to the end of short, dark days and anticipate the change in moods that will come with the change in seasons.
Trump pulls U.S. from Cold War era treaty

On Feb. 2, President Donald Trump continued his track record of international shakeups from his administration by announcing the United States’ departure from the Intermediate-Range Nuclear Forces Treaty (INF) with Russia. Secretary of State Mike Pompeo pointed to Russian failure to comply with the deal as the driving factor behind the withdrawal, but Russia disputes ever violating the terms of the agreement despite following suit and leaving the agreement themselves shortly after.

The withdrawal has massive geopolitical implications, not only in the U.S. historically shaky relationship with Russia, but also in interactions with the ever-growing nation of China.

To fully understand the INF Treaty, we must look back at its origins in the Cold War. In the 1970s, American dominance in the arms race was erased when the Soviets achieved strategic parity with the development of the SS-20 missile, capable of striking almost anywhere in Europe with unparalleled speed. This did not sit well with Americans, who sought to neutralize the projection of power these missiles provided the Soviets over the continent.

The U.S. approached the Soviets with a “zero-option”, proposing lowering the presence of INFs in their possession to almost zero. The first stages of negotiation were rocky, with headway not being made until the mid-80s. Finally, they came to an agreement to eliminate ground-based missiles with the ranges of 500-5500km (310-3400 miles) in both their arsenals. Former U.S. President Ronald Reagan and Soviet General Secretary Mikhail Gorbachev signed the treaty in 1987, setting a keystone in European treaty negotiations.

Fast forward to 2019, and the White House has been accusing Russian president Vladimir Putin of violating the agreement for years. By pulling out of the deal, Trump is effectively giving both the United States and Russia free reign to openly produce the missiles previously banned, something which both countries have already announced as their intention. Trump’s supporters say the deal is a relic of a bilateral global struggle, and the addition of China as a world power cripples America’s ability to compete. Meanwhile, opponents of the move say it will rekindle old flames that many thought were extinguished at the end of the Cold War in 1991. If a nuclear arms race does indeed restart, the U.S. will already be at a disadvantage. Through manipulating the deal for years, the Russians already have built up a massive head start, leaving the U.S. to play catch up with both them and the unchecked Chinese arsenal.

Although neither country seems eager to return to the negotiating table, there is but the smallest of prospects for the deal’s survival. The treaty won’t officially terminate until August of this year, six months after both countries ripped it to shreds. An agreement in that time span would successfully restore the treaty to a version of its former glory and possibly open the door to the addition of China as a participant. However, it seems Trump and Putin will have a better chance of finding a needle in a haystack than salvaging this deal. A big part of Reagan’s legacy looks doomed at the hands of our current world leaders and almost nothing can save it now.

CURRENT EVENTS

Women flood 2020 Democratic field

FROM PAGE 1

Senator Amy Klobuchar (D-Minnesota) also recently announced that she is running for president in the 2020 election. Klobuchar is known for her bipartisan efforts and a strong focus on less divisive issues. Like Harris, Klobuchar gained recognition and admiration for asking Kavanaugh tough questions during the recent confirmation hearings.

Representative Tulsi Gabbard (D-Hawaii) confirmed her run on January 24 with a campaign video. CBS News quoted her saying, “There are a lot of reasons for me to make this decision. There are a lot of challenges that are facing the American people that I’m concerned about and that I want to help solve.”

Some of the issues Gabbard listed were health care, criminal justice reform and climate change.

Marianne Williamson officially announced her candidacy on Jan. 28. Williamson does not currently occupy an office, which will prove challenging as she runs for the presidency. Williamson believes the nation should return to a basic sense of morality and decency.

Political scientist Kelly Dittmar predicts the influence of women in the upcoming election, noting that “for men who are running in 2020, particularly on the Democratic side, there will be increased accountability in terms of their perception and actions towards gender equity.”

Though these early numbers are already making history, this is not the first appearance women have made in a presidential race. In 2016, Hillary Clinton won the Democratic nomination and Carly Fiorina ran in the Republican primary, among others.

PHOTO COURTESY OF GOOGLE

President Trump has pulled the U.S. out of the Intermediate-Range Nuclear Forces Treaty, if the U.S. and Russia cannot reach a new agreement.

PHOTO COURTESY OF GOOGLE

Marianne Williamson, Tulsi Gabbard and Amy Klobuchar are planning to run for president in 2020 and represent the democratic party.
OPINIONS

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Productivity: Forrest Gump style

One of the most popular films of all time is “Forrest Gump,” and rightfully so. It’s one of those movies that tears your heart out and makes you want to reinvent your life, like “Shawshank Redemption,” “The Blind Side” and “The Fox and the Hound.”

Ok, maybe not “The Fox and the Hound.” But jokes aside, there really are plenty of valuable life lessons to take away from Tom Hanks’ performance. He taught us to persevere, be honest, try new things and have self-respect. One lesson we don’t typically consider, though, is what the movie teaches us about productivity.

Forrest Gump is a productive guy. When he’s young, he teaches Elvis how to dance. Throughout college, he plays football, earning a spot on the All-American team. Later, Gump becomes a pingpong champion, learns how to sail a boat and navigates the shrimp business. He accepts an invitation to the White House and even runs across the country a few times!

He is productive in other ways, too. He invests in his friendships with fellow soldiers and pursues activities that he loves. He spends time chatting with strangers and prioritizes his relationships with loved ones. Although these commitments may seem ordinary, they’re actually the root of Gump’s greatest accomplishments.

In a college student’s mind, productivity is often confined to improving grades, earning money and checking tasks off a to-do list. To many of us, productivity is connected to the completion of tangible, unpleasant tasks (and we need to prioritize those unpleasant tasks in order to be successful, right?)!

What if we challenged our skewed perceptions of productivity? I believe that often the most productive things we can do are the seemingly-useless ones, because someone has to come up with the messages inside fortune cookies. We improve our relationships by spending time in deep, winding conversations. We take care of ourselves by enjoying our hobbies. Most importantly, we develop a more genuine relationship with God by enjoying time with Him. Fellowship with God is the ultimate act of productivity, and one awesome thing about God is that He’s always available!

We can turn to Him in any moment, confident that He won’t brush our trivial concerns aside for the sake of more pressing issues. Unfortunately, this privilege allows us to take advantage of God. We schedule our lives in ways that maximize our idea of productivity, and then we fit God into the convenient gaps. We minimize guilt by overlapping “God time” and “productive time.”

In theory, streaming a church service while doing laundry can double productivity! In reality, though, these habits show that we often sacrifice our spiritual lives the moment busyness sets in.

I think our campus will be healthier and happier if we acknowledge the breadth of productivity. Productivity won’t always be enjoyable, but sometimes it should be!

And one thing I’ve learned from Forrest Gump is that the enjoyable things are what stick with us 20 years down the road and are usually the foundation of our biggest successes.

But jokes aside, whether you’ve seen the movie or not, I encourage you to think twice before neglecting something you love in order to “be productive.”

Maybe that thing you love is actually the most productive thing you can do.

Pennies don’t make cents

Government shutdowns. Global warming. The upcoming election. There are a lot of pressing issues at the forefront of the minds of the American people. There is one issue, however, that I feel is being severely overlooked. It is an issue that affects each of us but does not receive as much recognition as it deserves.

As a nation, we should seriously consider the elimination of the penny. The disadvantages to the penny far outweigh the benefits, and frankly, it is ridiculous that we have kept them around for this long.

Pennies are a waste of time, a waste of space and a waste of our resources. It costs one and a half cents to produce one penny. Now let’s remind ourselves how much a penny is worth. It’s worth one cent. That is absurd.

I don’t even want to hear the argument that pennies are good luck. The only way you get good luck is if you find it with the head facing up, but if the tail is facing up… guess what? You get bad luck. Statistically speaking, it seems like a penny is just as much good luck as it is bad luck.

I’ve been walking the planet for about 21 years, and the amount of pennies I have accumulated and never used for anything meaningful is insane. The only way to use a penny is if you are paying for something in exact change, which is proven to be the least popular payment method.

A study was done by the National Association of Convenience Stores that determined cash transactions are extended by an average of 2 to 2.5 seconds as a result of handling pennies. That adds up to two hours wasted each year dealing with pennies.

Pennies are completely worthless at almost everything that has a coin slot. They won’t get you anything at a parking meter, a laundromat or a gumball machine.

Pennies are made of 97.5 percent zinc and only 2.5 percent copper. The elimination of the penny would decrease the amount of zinc mining, which has a negative impact on the environment. In addition, most of the zinc that is used in the production of pennies is imported from China which adds a large amount of money each year to the trade deficit between the United States and China.

An estimated $1.2 million worth of pennies are thrown away every year. According to Citizens Against Public Waste, eliminating the penny would save the U.S. taxpayers $1 billion over the span of the next 10 years.

The withdrawal of low denomination coins has been successful in 30 countries including Canada, New Zealand and South Africa. Even the U.S. successfully withdrew the half penny from circulation back in 1857. Some countries permit the coins to continue to be a legal tender after they have been eliminated and some countries do not. If the coins are no longer being minted, a rounding solution is required.

If the U.S. withdrew the penny, we would be able to round to the nearest nickel. Due to inflation, the value of a nickel is the same as the value of a 1972 penny. If everything was rounded down to five cents, it would lessen the impact of the “left-digit effect” which is what causes us to focus more on the “$19” in $19.99.

When you look at the facts, pennies just don’t make cents, and we would be better off without them.

We schedule our lives in ways that maximize our idea of productivity, and then we fit God into the convenient gaps. We minimize guilt by overlapping “God time” and “productive time.”

- Amy Tuttle

Amy Tuttle
Social Work

Sydney Kolb
Public Relations

Penny.jpg

Get off your words...
RAIDERS DOMINATE THE MAT SATURDAY

JOSHUA DAHL
POLITICAL SCIENCE

Last Saturday, Feb. 9, Northwestern's wrestling team hosted their final GPAC dual against Hastings College. The home team was victorious, ending the dual by a landslide with a 45-3 team score – ending their dual season with a 6-3 record.

"It was a step in the right direction," Coach Rik Dahl said when asked how he felt about the team's performance.

Senior Garrett Mills, 141 lbs.; junior Dante Preciado, 149 lbs.; and sophomore Hagen Meyer 174 lbs. All won by decision. Senior Austin Boles 125 lbs.; freshman Darian Murphy 133 lbs.; and sophomore Bennett Sikkink 184 lbs. all received forfeits. NW had three pins on the night by junior Andrew Null 165 lbs.; junior D’Bell Gist 197 lbs.; and junior Victor Garcia 285 lbs.

In duals, there are 10 weight classes, each with a max team score of six points – the result of a pin or forfeit. There are other ways of scoring for the team. A tech fall is when a 15-point lead is created, at which point the match comes to an immediate stop, adding five points to the team score. A major decision is the result of an eight-point lead, tallying four points for the team. Finally, and more commonly, a match ending with a lead less than eight is a win by decision. This only scores three points for the team, but every point counts.

Saturday, Feb. 16, NW will be hosting the GPAC National Qualifier. With action starting at 10 a.m., Coach Dahl would like to see the biggest crowd of Raiders cheering on the team as they complete their regular season.

"For the guys, just doing anything Saturday and you have an attraction to a little violence, stop on by," said coach Dahl.

Men’s basketball prevail in final seconds

GRIDLOCKED GAME ENDS WITH VICTORY

BRADLEY LAACKMANN
SPORT MANAGEMENT

In a game where neither team could gain a strong advantage, the Northwestern men earned the victory on Saturday, Feb. 9. NW won 88-85, splitting the season series with Hastings after dropping the first matchup with the Broncos in December. Following the win, the Raiders are 16-11 overall and 10-8 in the GPAC. The remainder of the game was very competitive as the score was tied five times in the final 12 minutes. NW sealed the game with a pair of free throws from senior Chris Borchers, who had seven points to go along with four rebounds.

The Raiders held an advantage in the paint, scoring 38 points in the paint compared to 28 for Hastings. Sophomore Trent Hilbrands led all scorers with 29, and Sterk added 17 points and five boards. Senior Parker Mulder nearly notched a triple-double as he finished with an impressive stat line of 15 points, nine assists and eight rebounds. Hastings was led in scoring by Bart Hisscock, who scored 25 points, including a perfect 10-10 mark from the free-throw line. Both teams were evenly-matched from the field as NW finished shooting 50 percent and Hastings 46.7 percent overall.

The Raiders enter the final week of the regular season in fifth place in the GPAC standings. If the season was to end today, NW would travel to Mitchell, SD to face #18 Dakota Wesleyan. Wednesday, Feb. 13, the Raiders fell to #15 Jamestown 98-85 in Orange City. Next, NW will travel to face Midland University on Saturday, Feb. 16, to close out their regular season schedule.

Women continue win streak in GPAC play

NW IMPROVES WITH ONE REGULAR SEASON GAME

BRADLEY LAACKMANN
SPORT MANAGEMENT

The Raider women celebrated Senior Day with yet another victory versus a top-25 opponent. Northwestern used a second half surge to defeat the Hastings College Broncos 97-75 on Saturday, Feb. 9, in the Bultman Center. NW is now 23-3 overall, 17-3 in the GPAC. Hastings dropped to 16-11 overall, 11-9 in the GPAC. NW won the season series against the Broncos after winning the first matchup 81-62 in Hastings, Neb.

The game was fairly even after Hastings held a marginal lead throughout the first half, and the Raiders took a four-point lead into the half. At the three-minute mark in the third quarter, NW redshirt sophomore Bre Schuitman buried a three-pointer to add to an 11-3 run. The Raiders continued to add to their lead, eventually reaching 23 points with 2:12 left in the game.

NW senior Kassidy DeJong added another double-double to her total of nine this season, finishing with 21 points and 11 rebounds. Bre Schuitman scored 17, with 15 of those coming from beyond the arc, and senior forward Haley Birks added 16 points in the win. Hastings was led in scoring by Taylor Beacon, who scored 17 points. The Raider women shot well throughout the game, going 38-57 from the field, including 53.3 percent on three-pointers. NW also had an advantage on the glass, winning the rebounding battle 43-19.

The Raider women remained in second place in the GPAC standings with Saturday’s victory, with Concordia holding the tiebreaker for first place in the conference. Wednesday night, Feb. 13, NW defeated Jamestown 88-58. The regular season will come to a close Saturday, Feb. 16, away at Midland University. Saturday’s matchup presents a potential first-round conference tournament matchup as Midland sits in seventh place in GPAC standings. Looking ahead, the Raider women will host a quarterfinal matchup Feb. 20 in the Bultman Center, with the time and opponent still to be determined.
Northwestern will host its first Raider Soiree Jazz Dance on Saturday, Feb. 16 from 7-10 p.m. at the Prairie Winds Event Center in Orange City. Admission to the dance is $8 for a night filled with dancing, music, snacks and fun.

NW jazz band will be playing live music throughout the night. They will feature a variety of popular jazz songs from the 1930s through the present such as "In the Mood" by Glenn Miller, "Happy" by Pharrell Williams, and "Feeling Good" originally performed in the 1960s and which has recently been made popular by Michael Bublé.

Swing dancing is one of the most popular ways to dance to jazz music. Swing dance instructors will be at the dance from 7-8 p.m. to guide and instruct those who are new to swing dancing or for those who need a refresher. Following the instruction, everyone will have a chance to practice their newly learned skills. From 8-10 p.m. the NW jazz band will play live music for the duration of the evening.

Because swing dancing is a partner dance, “the theme for the evening is ‘Get Your Roommate a Date’ as you may have seen in the video played before chapel,” says Izzy Glover, the student activities council coordinator for the event. Swing dancing is best when you have a partner to dance with, whether it’s a date or a friend. In keeping with the jazz theme, “People are encouraged to wear ’20s style clothing to the dance,” Glover stated. Think flapper dresses, “The Great Gatsby” and popular ’20s attire.

There will be a photo booth for all in attendance. Cocktail snacks will also be served throughout the evening.

“We are excited to host this event this year. It will be lots of fun,” Glover said. In the past, students have brought up how fun a dance like this would be. The SAC heard these comments and is making it happen this year.

A mere two days after Valentine’s Day, the Raider Soiree is the perfect opportunity to grab your date and head out for a night filled with live music, dancing and food. Students are encouraged to come out to the dance whether their roommate finds them a date or not, as there will be a lot to do during the evening. Who knows? You might even pick up a new skill along the way.

Members of the Jazz Band will be performing for the first Raider Soiree Jazz Dance on Saturday, Feb. 16.