Handshake offers many opportunities

NEW PROGRAM DESIGNED TO
AID STUDENTS’ FUTURES

RACHEL KOERTNER
PUBLIC RELATIONS

As the new semester begins, the Career Development Center (CDC) is introducing a few big opportunities to help students with their future. One of these opportunities is a program called Handshake.

Handshake is a career management profile that allows employers to connect with colleges and become accessible to students. Currently, Northwestern is connected to 3,616 employers from around the world. Employers include Fortune 500, nonprofits, schools, churches and more.

This is the first academic year that the CDC has utilized Handshake, and Director of Career Development Bill Minnick is pleased with how successful it has been so far. He has seen the percentage of students who have made a profile on Handshake and says it is the CDC’s goal to have those increase as the year goes on.

“As students become more familiar with Handshake, they will realize the rewards it can offer,” Minnick said. Many local and regional employers have set up free accounts with Handshake to take advantage of posting jobs and internships for students. However, each employer and each posting has to be approved by a CDC staff member before it is accessible to students.

According to Minnick, even though the program is about finding jobs, it is not something to wait until after college to think about.

“Handshake is not just for seniors,” Minnick said. “Students of all academic years need to take advantage of Handshake in order to increase chances of connecting with the perfect employer for you. As a freshman, you can begin your Handshake profile, and just like any social media platform, it will grow with you. Use it to manage your activities, skills and résumé.”

Show features new method for organizing

KONMARI METHOD FASCINATES NATION

VANESSA STOKES
WRITING AND RHETORIC

This year, everyone’s New Year’s resolution of organizing just got a whole lot easier. As of Jan. 1, 2019, Netflix released an eight-episode series called Tidying Up with Marie Kondo. In the show, Marie Kondo visits American families and helps them deal with their possessions. She then sorts, removes and positions them in a way that streamlines their environment and life. “Kondo acts as a tiny garbage fairy for messy people,” according to CNN. Though this may sound like “Hoarders,” the show’s focus is not on shame, but improvement.

The show stems from a craze that hit the United States after Kondo’s book was released in 2014. It has sold over 8 million copies worldwide in over 30 countries. Celebrities like UK life coach Helen Sanderson, freelance journalist Sophie Bauer and American actress Jamie Lee Curtis all endorse the method due to its positivity.

“What I love most about her method is the respect she suggests we show our soon-to-be-departed possessions. If they don’t spark joy in our hearts, then we should pause to acknowledge our memories togetherness and let them spark joy for someone else,” Curtis said.

So, how does the KonMari Method work? First, everything is done in order: clothes, books, paper, Komono (meaning knickknacks) and sentimental items. There is no separation of rooms, but items are done in whole. “Just one rule reigns in the KonMari Method: Keep items that ‘spark joy’ and discard those that don’t after thanking them for their service. That, plus a specific technique for folding clothing,” as stated by ELLE magazine writer Estelle Tang.

Throughout the season, Kondo comes into homes with a light, kind tone. She radiates a serene presence that pulls in and encourages a longing to tidy that is often described as “heart-warming.”
James Blake releases fourth album

"ASSUME FORM" NOT BLAKE'S BEST

ETHAN HUSBANDS

Psychology

James Blake, seasoned R&B artist and producer, attempts to show us a different side of him we have yet to see on his fourth studio album. Blake first garnered critical and commercial success off his first self-titled album that debuted in 2011 and has continued to put out albums and EPs as well as produce for the likes of Beyoncé, Jay Z, Travis Scott and others.

With a soulfully distant voice, Blake continues with a mixture of R&B, electronic and hip-hop pop on "Assume Form." On this album however, somber and caustic themes we are used to seeing have changed since Blake fell in love.

"Assume Form," we are lured in once again by the ominous falsetto and cascading keys we have come to know and expect. Although the title track is at times beautiful, it is awesomely drawn out and gives the listener a sense that the album may be the same way. Luckily, it takes a detour to two predictable featured songs with Travis Scott and Metro Boomin. Although these tracks are a nice change of pace, they are a bit out of place and do not use either artist’s best talents.

As we approach the middle of the album, the album starts to take shape, and we see Blake at his best with songs like "Into The Red" and "Barefoot Into The Park." It is also where we get to see the album’s greatest and most interesting production. With varying layers of synths and 808s on "Into The Red," we are reminded of what made Blake rise to fame in the first part of the decade.

Blake’s voice is pitched up and down like Travis Scott on his earlier projects and Frank Ocean on the opening track of his most recent album "Blonde." The varying pitches are indicative of the changing landscape of his life now.

With his new love, the list of things that matter to him grow longer and longer. We get some more interesting features from ROSALÍA and Outkast member André 3000.

"Assume Form," is at times beautiful, it is awesomely drawn out and gives the listener a sense that the album may be different. The first of many juxtapositions throughout the film is black and white. Toller, the pastor of First Reformed, is always wearing black, but the church he preaches in is almost entirely white inside and out. The film takes place during a desolate New York winter which reinforces the contrast between Toller’s dark tones and the white around him.

In the film, Schrader also offers a balanced meditation on the state of today’s church. He avoids outright condemning the church and Christianity but offers astute observations on where today’s church fails. The film juxtaposes First Reformed, a church with a congregation of less than 10 people, with Abundant Life, a mega-church. Toller is accused of “always living in the garden,” a reference to when Jesus suffered in the garden of Gethsemane before dying on the cross. Throughout the film, Toller deprives himself of pleasure and relationships, instead choosing to focus on the shortcomings of himself and others. Opposing this view of Christianity is the prosperity gospel offered at Abundant Life. Overall, Schrader critiques both extremes with a level hand throughout the film.

Many films released today showcase the triumph of a main character over some sort of obstacle. These films are meant to show the vitality of the human spirit and to show us that, with determination, anything can be accomplished. "First Reformed" is different. Toller is a fallen human being physically, emotionally and spiritually. His inner demons are symbolized through physical ailments that culminate in cancer. The film portrays the side of human nature that is not often explored in film: how a man can descend into despair. Rather than triumphing over his circumstances, Schrader shows us that the human spirit is capable of crumbling in the face of despair if not properly supported.

Without spoiling its ending, the film’s closing moments begin with a surreal pitting of hope against despair: It begins with images of hope that eventually are overtaken. This sets up one of the most thrilling sequences in any film of 2018. It is not loud, there is almost no action, but it will have audiences tense for the last 25 minutes of the film.

Overall, Paul Schrader’s "First Reformed" offers a bleak look at what man is capable of, a meditation on the church today and a potential for hope to the observer viewer.

James Blake releases fourth album

MUSIC REVIEW

"ASSUME FORM" NOT BLAKE'S BEST

ETHAN HUSBANDS

Psychology

James Blake, seasoned R&B artist and producer, attempts to show us a different side of him we have yet to see on his fourth studio album. Blake first garnered critical and commercial success off his first self-titled album that debuted in 2011 and has continued to put out albums and EPs as well as produce for the likes of Beyoncé, Jay Z, Travis Scott and others.

With a soulfully distant voice, Blake continues with a mixture of R&B, electronic and hip-hop pop on "Assume Form." On this album however, somber and caustic themes we are used to seeing have changed since Blake fell in love.

"Assume Form," we are lured in once again by the ominous falsetto and cascading keys we have come to know and expect. Although the title track is at times beautiful, it is awesomely drawn out and gives the listener a sense that the album may be
OC public library to host craft night

**EVENT OFFERS THREE CRAFTS**

**HANNAH ROSS**

W R I T I N G A N D R H E T O R I C

Is winter getting you down? Do you need to get your creative juices flowing again? The Orange City Public Library has the perfect cure for your cabin fever. They are hosting an hourlong college student and adult craft night at 6:30 p.m. on Thursday, Feb. 7.

The event is also free; however, there are only 20 seats available. Early registration is encouraged on the library website. It closes on Monday, Feb. 4 so the library has time to prepare the crafts for the attendees.

“The college student and adult craft night is part of our expanded 2019 Winter Reading Program,” Parveen Karim, the assistant director of the library, said. Karim is also in charge of organizing the craft night.

The crafts for the night include creating a yarn-wrapped glass bottle vase, decorating a cork coaster and painting rocks. Participants can choose either to make one craft or all three. The library will be providing all the materials necessary for making the crafts free of charge.

Additionally, the library cares about the community and hopes to do many things through this event by providing the community and college students with a fun night of crafts.

“In addition to being able to showcase their artistic talents, we hope that this event offers students an opportunity to visit the library.,” Parveen Karim

**HOKE TO DISCUSS NEW BOOK**

**ANGELA WINTERING**

T H E A T R E

Northwestern’s English Department is pleased to welcome and host Chris Hoke, a prison minister and gang pastor to this semester’s Deep Song Reading. Hoke will be discussing his book “Wanted: A Spiritual Pursuit Through Jail, Among Outlaws, and Across Borders,” at 7:30 p.m. on Tuesday, Feb. 5 in the Ramaker Fireside room.

Hoke will also be speaking in chapel that day as well as at the Ned Kerr Sunday Talk on Wednesday, Feb. 6. NW students and faculty members are eager to hear Hoke’s message on prison ministry.

Hoke didn’t originally know he would end up in the prison ministry. However, one night, Hoke accompanied a chaplain to a prison Bible study and found a desire to come back to continue to minister. He is now involved with the organization Underground Ministries and Parveen Karim, the assistant director of the library, said. Karim is also involved with the organization Underground Ministries and wishes to see more community and college students attend with parents. Registration is encouraged on the library website. It closes on Monday, Feb. 4 so there are only 20 seats available. Early registration is encouraged on the library website. It closes on Monday, Feb. 4 so there are only 20 seats available.

This event is being advertised as an adult-age program which means there will be additional staff at this event for children who attend with parents. Registration can be completed on the library’s website or by signing up at the library’s front desk by Monday, Feb. 4. The library address is 112 Albany Ave. SE., right next to the fire station.

One thing he especially expands on is the concept of how we, as Christians, make our faith a “camp” and hide God away inside our private tents.

“Sometimes we make Christianity a camp that we keep God in. But where is God actually moving? What is He actually doing?” Martin said. “He’s among the camps set up by other religions, moving in the hearts of people there! So, let us go there as the church, not just stay within our fancy buildings and safe prayer groups.”

In the book, Hoke also tracks his journey as he develops his theology to mean something deeper than the traditional definitions and pictures we see in modern evangelical churches.

“As Christians, we get very fixed on the idea of a metaphysical hell. However, we don’t stop to remember that a prison can be a literal hell.” Martin said.

“Once we stop to realize that, we realize a deeper emphasis on the calling we’ve been given to go to the people in these depths and rescue them.”

**DeeP SONG READING: Chris Hoke**

**ARTS & CULTURE**

If you do it authentically, you also receive something from them.

- Chris Hoke

speaks across the country in prisons, reaching out to those who’ve been incarcerated.

“If you do it authentically, you also receive something from them,” Hoke said.

Hoke doesn’t go to the incarcerated because he claims to be a Savior to them, but because he too needs them and they bring him to life in a way nothing else does.

“Jesus didn’t make the church to stay safe,” Samuel Martin, a NW English professor said, about Hoke’s vocation. “Jesus made the church to enter into hell, ransack it and bring people out of it to help them find life again.”

Additionally, within his book “Wanted,” Hoke records how his vocation affects his relationship with God and his relationship with other people.

In addition to being able to showcase their artistic talents, we hope that this event offers students an opportunity to visit the library.

- Parveen Karim

In addition to being able to showcase their artistic talents, we hope that this event offers students an opportunity to visit the library, as well as become part of our programming demographic and to open the lines of communication so that we can offer more programs that they would like to see,” Karim said.

This event would be a great chance for Northwestern students to brighten their dorm rooms in the midst of a cold, dreary winter. The vase could be used to put flowers or even ornaments inside. The rocks could additionally be placed in the vase or arranged around the room to add color. Cork coasters can help keep desks and tables clean with a little creative flair.

“We at Orange City Public Library value our patrons and their interests greatly and we look forward to being able to provide students at Northwestern College another source of enrichment,” Karim said.

This event is being advertised as an adult-age program which means there will not be additional staff at this event for children who attend with parents. Registration can be completed on the library’s website or by signing up at the library’s front desk by Monday, Feb. 4. The library address is 112 Albany Ave. SE., right next to the fire station.
CDC encourages new opportunities

North men savor doughnut tradition

NORTH SUITES TRADITION LIVES ON
BEN HENKER
ELEMENTARY EDUCATION

People may not know the true origin of a doughnut. The records show, however, that the Dutch began making a treat that was known as oliekoeks (oil cakes) in the 16th or 17th century. It was in 1847 when on American ship captain Hansen Gregory came up with a better solution for eating the uncooked center of a doughnut: by punching a hole through the center. This eliminated the uncooked center, leaving us with the round doughnut that we know and love today.

Though some of us may not have known the origin of the doughnut or where the doughnut hole came from, it is safe to say that a warm, freshly baked doughnut is a great treat anytime, anywhere.

Doughnuts can bring communities together. Doughnuts work perfectly with a cup of joe. The men of North Suites know the power of the doughnut and how it can bring everyone together each week.

Every Monday, a group of men goes to the Dutch Bakery in town for some day-old doughnuts that are still in the display case. It all started in 2011, according to Kendall Stanislav, Assistant Director of Residence Life. The original North Suites midnight doughnut run was started by Jason Katama, a 2014 graduate of Northwestern College and the RA of the first floor 2012-2013. This is the story of how it all began.

In 2011, the Suites opened up, and that year a few guys would go and get doughnuts at random times during the week.” Stanislav said. “Jason and the other RAs had been encouraged to consider starting a weekly event that guys would count on happening each week.”

“Jason decided on getting midnight doughnuts since a bunch of the guys already liked going. It first started as a first floor thing, but within a few weeks, it became an all-hall event where 25-40 guys would take some form of transportation (most commonly longboards) to the bakery,” Stanislav said.

This tradition stays true to this day. Attendance fluctuates by week, with the high for the year set at 40. With the opportunity to have 50 cent doughnuts, since they are day-olds, several guys buy two to three different doughnuts to have one there and save some for the next day.

North Suites resident Ben DeBoer said he goes to Monday night doughnuts because, “who doesn’t want a half-priced doughnut and hanging out with the bros!”

Marcus Tucker, another student attendant of Monday night doughnuts, said, “it is a time full of laughs and fun and memories.”

Doughnut night brings men from the first, second and third floor together at one table to talk about things that may be going on in their life, what everyone’s week will look like and to get away from homework.

The guys of North Suites enjoy the opportunity every week and are grateful for the Dutch Bakery’s willingness to let the guys of North come in and take discounted, day old doughnuts. They hope that the tradition continues for as long as North Suites stands.

The Dutch Bakery opens specially for North Suites residents on Monday nights, offering them 50 cent day-old doughnuts.

FROM PAGE 1

Bill Minnick, director of the Career Development Center, encourages students to download Handshake, which offers job and internship opportunities to students.

Bill Minnick, director of the Career Development Center, encourages students taking advantage of Handshake as he believes it will give students an advantage over others. There are many helpful tools within the program.

“Students need to take advantage of this opportunity to give them an edge above the competition,” Minnick said. “If students use Handshake and other resources offered through the Career Development Center, the search for professional opportunities will be so much easier.”

However, Handshake is not the only new thing that Minnick and the rest of the CDC are excited about. NW has partnered with Sokanu to provide the world’s most innovative discovery and career engagement platform.

“This assessment will help students learn more about themselves with in-depth personality reports and 4-dimension fit, which consists of interests, personality, career fit and goals tests,” Career counselor Kirsten Brue is very excited about this new opportunity. “This comprehensive system allows students to do all of their career research right in the system and even look for jobs if they choose,” Brue said. “The account is theirs forever. Students can come back to their account and reset any of the sections to retake the inventories again at any time.”

One important thing to be careful of, Brue points out, is to access Sokanu through the NW website because it is not free if accessed through the Sokanu website. Sokanu involves three different tests that one can take. According to Brue, a student must do some research after finding out their results in order to get the most benefits from it.

“Career development stems from students own self-awareness about their interests, personality, environment fit, etc.” Brue said. “The more a student knows about themselves, the more informed decisions they can make about job shadowing, researching and other career exploration endeavors. If the student doesn’t actually read through their results, then they have gained nothing from completing the inventory.”

The third new opportunity from the CDC is the Career Fair on Feb. 14 from 10:30 a.m. to 12:30 p.m. They are partnering with the Business Department to hold this event, which will be held in the DeWitt Leaning Commons’ Vogel Room.

Currently, there are 13 employers lined up for the event, including Hope Haven, Diamond Vogel Paints, Orange City Area Health System, Volunteer Iowa and more.

PHOTO BY: CHERISH SHUKA

PHOTO COURTESY OF: NWC MARCOMM
Japanese students explore campus

KAITLYN ASMUS
WRITING & RHETORIC

Nine years ago, a Northwestern alumna, Nori Michi Odatae, sat down with Kevin McMahan, the Associate Dean for International Development, to explore more integration opportunities for NW. At the time, Odatae worked in Japan as an English teacher at the Eijigakuin Higashimurayama high school and was looking for more chances for their students to expand their knowledge of the English language.

With the high school students in Japan having exams in December but college not starting until April, there was an interim where the students didn’t know what to do with themselves. Odatae and McMahan saw this as an opportunity for the students to explore a small American college campus. The students have limited opportunities in Japan to converse in English, so studying on an American campus would not only develop their English and grammar, but they could learn more about American culture firsthand.

Nine years later, the program has consistently been a success as Japanese students spend three weeks of the winter at NW experiencing American college life. While it can be a huge challenge for the students as they participate in a different language and culture, it also gives them opportunities for conversing in ways they couldn’t in Japan in order to further their understanding of the English language.

Through visiting some classes during the day and having meals in the caf, the Japanese students are encouraged to interact with students on campus in order to further their practice of English.

The students also are given time to explore the community as they take weekend field trips including places like the Sioux City Lewis and Clark Interpretative Center and the Sioux City Public Museum. They will also tour Diamond Vogel here in town, visit a farm to experience true country life in Iowa and help at Kids Connection by sharing their culture and different songs with the kids.

While on campus, they’re staying in Fern Smith Hall and Hospiers Hall. Back home, many Japanese students commute to their schools, so dorm-style living is a different concept to them. They’re used to having around a 90-minute commute to their school (usually including two to three transfers) rather than living nearby or even on their school’s grounds.

Through dorm living, the students experience community and are able to build relationships with those around them. Some of our students volunteered to be dorm hosts to show the Japanese students around and help them get acquainted. The students also take advantage of the Rowanhorst Student Center by playing basketball, volleyball and ping pong frequently.

The Japanese students will be participating in the Cultural Fair on Feb. 2 by performing a dance number and song for the audience. Some of them will also do a judo demonstration since they were part of a judo club at their high school. Around Feb. 18, the students will have a closing banquet which, in past years, has included many hard goodbyes because of the impactful experiences they’ve had on campus.

Marie Kondo sparks new trend in minimalism

Marie Kondo started her tidying empire with the help of her husband Takumi Kawahara. Upon the take-off of her book, she was not much older than her daughters, she had a passion for organizing. Sometimes in school, she would go into classrooms and tidy-up between class.

All of this originates from a Japanese tradition called Shinto animism. In Shintoism, inanimate objects could gain a soul after 100 years of service and therefore should be acknowledged.

Respecting the items followed by her method are giving up allows an opportunity for the items to be repurposed by someone else more in need.

Marie Kondo’s folding methods is one way she instructs viewers to organize their belongings.
The pop duo Let's Eat Grandma delivers the best rap album of the year on his latest project. The album fits its genre of noise-rap as the production is densely layered and complex. Peggy spits his confrontational raps over creative production that features throat singing, pounding drums and crazy looped samples. With aggressive production and lyrics, "Veteran" will incite a reaction from every listener.

**Clean** – Soccer Mommy

Sophie Allison delivers tragic lyrics about past relationships on her 2018 album. Her gentle, clear voice delivers melodies over acoustic instruments that border on self-soothing for the majority of the album. She compares a man that took advantage of her to a hungry animal, recons feeling inferior to her current boyfriend’s ex and longs to be someone other than herself. The tragedy of the album concludes with an uplifting note when she compares herself to a wildflower that grows in a city despite the adversity of its environment in one of the album’s most beautiful moments. Sophie Allison allows us to see her as she perceives herself in a deeply intimate and beautiful album.

**Dirty Computer** – Janelle Monae

“Dirty Computer” incorporates pop and rap sounds into a triumphant expression of femininity, sexuality and defiance in the face of an oppressive culture. Monae exudes confidence, and her delivery brings a power to each track on the album. The production combines electric guitar, icy synths and up-tempo beats to create an upbeat soundscape that engulfs listeners. The album contains bombastic tracks where Monae affirms her identity to the world. Monae speaks to a generation’s desire to be comfortable and proud of who they are, and she leads by example.

**Veteran** – JPEGMAFIA

JPEGMAFIA delivers the best rap album of the year on his latest project. The album fits its genre of noise-rap as the production is densely layered and complex. Peggy spits his confrontational raps over creative production that features throat singing, pounding drums and crazy looped samples. With aggressive production and lyrics, “Veteran” will incite a reaction from every listener.

**Clean** – Soccer Mommy

Sophie Allison delivers tragic lyrics about past relationships on her 2018 album. Her gentle, clear voice delivers melodies over acoustic instruments that border on self-soothing for the majority of the album. She compares a man that took advantage of her to a hungry animal, recons feeling inferior to her current boyfriend’s ex and longs to be someone other than herself. The tragedy of the album concludes with an uplifting note when she compares herself to a wildflower that grows in a city despite the adversity of its environment in one of the album’s most beautiful moments. Sophie Allison allows us to see her as she perceives herself in a deeply intimate and beautiful album.

**Dirty Computer** – Janelle Monae

“Dirty Computer” incorporates pop and rap sounds into a triumphant expression of femininity, sexuality and defiance in the face of an oppressive culture. Monae exudes confidence, and her delivery brings a power to each track on the album. The production combines electric guitar, icy synths and up-tempo beats to create an upbeat soundscape that engulfs listeners. The album contains bombastic tracks where Monae affirms her identity to the world. Monae speaks to a generation’s desire to be comfortable and proud of who they are, and she leads by example.

**Veteran** – JPEGMAFIA

JPEGMAFIA delivers the best rap album of the year on his latest project. The album fits its genre of noise-rap as the production is densely layered and complex. Peggy spits his confrontational raps over creative production that features throat singing, pounding drums and crazy looped samples. With aggressive production and lyrics, “Veteran” will incite a reaction from every listener.

**Clean** – Soccer Mommy

Sophie Allison delivers tragic lyrics about past relationships on her 2018 album. Her gentle, clear voice delivers melodies over acoustic instruments that border on self-soothing for the majority of the album. She compares a man that took advantage of her to a hungry animal, recons feeling inferior to her current boyfriend’s ex and longs to be someone other than herself. The tragedy of the album concludes with an uplifting note when she compares herself to a wildflower that grows in a city despite the adversity of its environment in one of the album’s most beautiful moments. Sophie Allison allows us to see her as she perceives herself in a deeply intimate and beautiful album.

**Dirty Computer** – Janelle Monae

“Dirty Computer” incorporates pop and rap sounds into a triumphant expression of femininity, sexuality and defiance in the face of an oppressive culture. Monae exudes confidence, and her delivery brings a power to each track on the album. The production combines electric guitar, icy synths and up-tempo beats to create an upbeat soundscape that engulfs listeners. The album contains bombastic tracks where Monae affirms her identity to the world. Monae speaks to a generation’s desire to be comfortable and proud of who they are, and she leads by example.

**Veteran** – JPEGMAFIA

JPEGMAFIA delivers the best rap album of the year on his latest project. The album fits its genre of noise-rap as the production is densely layered and complex. Peggy spits his confrontational raps over creative production that features throat singing, pounding drums and crazy looped samples. With aggressive production and lyrics, “Veteran” will incite a reaction from every listener.
The Raider men finished third this weekend with 123 points, right behind Morningside with 129 points. Doedt's men took first place at Storre Lake with 162 points. Junior Kenzie Keune competed in the 60m dash, winning with a time of 9.31. Sophomore Ida Carlson also competed in the event and finished in third place at 9.71. Senior Rebekah Mullenburg took home the 600m run title. Mullenburg finished her race in 1:40.8, with second place nowhere in sight behind her. Mullenburg currently has the second fastest time in the GPAC conference.

Junior Katrina Engertson ran 2:24 in the open 800m run and took first in a close race, beating a Doedt runner by less than a second. Engertson currently has the second fastest time in the GPAC. Teambmates junior Kelsey Lang and sophomore Anna Triglland ran personal bests in the season, with Lang finishing in third at 2:29 and Triglland in fifth at 2:32.

On the men's side, four athletes qualified for nationals on Saturday. Junior Jackson Johnson, a previous qualifier, jumped 6'7.5". This height was good enough to take home first place at the meet and put him with the third best mark in the GPAC. Freshman Justin Avers won the 60m hurdles with a time of 8.40. Adams was 0.3 seconds ahead of the second place runner and met the provisional mark for nationals. Adams also finished third in the 200m dash and helped the 4x400 relay team to a second place finish.

Senior Peter Hollinger was the last Raider to meet a NAIA qualifying standard for the day, meeting the provisional mark in the 600m. Hollinger won the event in 1:22.75 after anchoring the 4x800m relay earlier that day. The relay team met the automatic qualifying standard with a time of 7:55. Senior Caleb Benzing, sophomore Josh Van Dusseldorp and junior Chase Bulter were the other competitors leading on the relay. The time is the second fastest in the GPAC and third in the NAIA.

The Tigers proved too much for the Raiders. The Raiders fell behind early, needing a timeout after Doane stretched their lead to 11-2. Doane won the contest, but NW maintained the lead throughout the rest of the contest, but NW rallied back to cut their deficit to one with 3:23 left in the first half thanks to a transition layup from senior Parker Mulder. With 6:41 remaining in the game, the Tiger offense caught fire to stretch the lead to double digits on a layup by Joe Burt, gradually building to their 23-point victory.

The Raider men struggled in conference matchups. They ended the season in 14-10 overall and 8-7 in the NAIA. For NW has proven to be a rare occurrence this season as the Raiders rank 10th in the NAIA in three-pointers made, making 11 per game, and also averaging 87 points per game.

The coaches are looking forward to developing the students' skills through the structured competitive aspect of upcoming bowling competitions that will bring their skills to the next level.

7

Northwestern's goal of expanding the students' skills through developing the students' skills through opportunities for incoming students. Though Tracy wants there to always be a bowling club for anybody to participate in, his plans include taking the elite members of the club (six men and six women) and creating a competitive league that will scrimmage nearby colleges, including Morningside and Brarr Cliff. He wants to take into account the change of skill level that happens over the course of a season by making these elite positions open and flexible.

As bowling is a winter sport, the season starts near the end of October, with championships around the end of February. Practices for the bowling club are Mondays, Wednesdays and Fridays at the Le Mars or Hawarden bowling alleys. They include drills and competitive games like “low bowling” or “cray fishing.” The club currently has a partial bowling lane, one they hope to eventually make permanent, set up in the dance studio to use for practicing approaches and techniques.

Tracy is looking forward to developing the students’ skills through the structured competitive aspect of upcoming bowling competitions that will bring their skills to the next level.

1) think the most exciting part is watching people improve their game and getting to see the excitement on the members’ faces when they have mastered a new skill,” Lohse said.

While it is currently a registered NAIA club, Tracy hopes within the next two years, the bowling club will turn into a GPAC varsity sport to provide more opportunities for incoming students.
International Club hosts annual cultural fair

ANNUAL CULTURAL FAIR TO BE HELD FEB. 2

KARLI LANG
ELEMENTARY EDUCATION

The Northwestern International Club will be hosting their annual Cultural Fair in the Rowenhorst Student Center 4 court area from 5 – 7 p.m. The price of admission for NW students is $2, plus a meal swipe, which covers the entire evening of food and entertainment. I-Club’s yearly event has been a long-standing tradition at NW, beginning in the 1980s. This year’s Cultural Fair has been named We Are the World, and it has much to offer its attendees, including food, activity booths and a show. International students will be showcasing their culinary skills with 12 different recipes they’ve chosen from their home countries.

Activity booths will be set up and run by I-Club members where participants can take part in games like the Chopsticks Challenge and get henna tattoos. The grand finale of the night will be the show, which features different cultural presentations of song and dance. An additional element to the show this year will be the Japanese students who are here as a part of the Winter English Program. They are excited to contribute a piece of their culture to the event with a traditional Japanese dance and a judo demonstration. This show is a highlight for many students who attend the Cultural Fair, including I-Club president Nnenna Nwaelugo.

“I just love to see the variety of talent that so many of the people close to me possess,” Nwaelugo said. “There are so many people that I didn’t even know could sing or dance until I watched them prepare for this event.”

This part of the evening where students showcase their skills and share the uniqueness of their culture is impactful for many. Associate Dean of Intercultural Development Kevin McMahan provides some perspective saying, “Most of the time, students from other cultures are figuring out how to adapt to being here. This is an opportunity for the local community to experience things that are different, interesting and enjoyable.”

Students from all over the world serve their peers traditional dishes from home at last year’s cultural fair. Members of I-Club get the chance to share with their fellow students what many may not know about where they’re from, and the rest of the study body is able to “step into someone else’s experience and leave home for a little bit,” as McMahan says.

Nwaelugo also emphasizes this, saying the importance of this event is “appreciation for cultures different from yours. You get to see what so many of your friends and classmates love so much about their homes.”

Super Bowl party to take place on campus

PARTY HELD IN THE HUB OFFERS PRIZES AND FOOD

WESLEY MILLIGAN
SOCIAL WORK

This Sunday, Feb. 3, Northwestern will host its annual Super Bowl Party on campus. The event will take place from 5 p.m. through the end of the game. This year, the event will be held in a new location: the Hub. Plans are to decorate the Hub specially for the Super Bowl Party.

Creative Dining and Student Activities are working together to facilitate this event. The move to the Hub is in response to student feedback from previous years. Creative Dining hopes to better facilitate the number of people and food preparation by hosting the Super Bowl Party in the Hub.

Students will gather to watch the game and dig into traditional tailgate foods. On the menu: a variety of wings, a nacho bar, soft pretzels with dipping sauces and a decorate-your-own-cookie station. There will also be popcorn and other snacks. Food will be served at 5 p.m. and can be paid for with a meal exchange.

Anna Boyles, the student organizer for this event, is excited about the activities that will take place throughout the evening.

“We will have a prop pool contest where students can submit their guesses for what will happen throughout the game,” Boyles says. “We will have a prop pool contest where students can submit their guesses for what will happen throughout the game,” Boyles said. “We are able to make guesses about the score of the game and there will be a prize at the end of the night. Forms for this can be found in the Hub and should be turned in before the event starts. Throughout the evening there will also be trivia games for all students to participate in.”

“We will have prizes for the prop pool contest and trivia contest,” Boyles says. “We will be giving away flex dollars and movie passes.”

Many students have closely followed this year’s football season and are waiting with great anticipation for the championship game.

The New England Patriots will return to the Super Bowl this year for the eleventh time to face off against the new Los Angeles-based Rams who won by what is considered by many a controversial call. It is sure to be a great game as both teams go in with outstanding winning records on the year.

Every year, the Super Bowl Party draws a crowd of people. Some are there for the food, others are there for the games and pranks and others for the football. No matter what draws you, there is sure to be something for you.

Bring your roommate, your wingmates, and your friends for a great time of football and fellowship this Sunday night!