First annual “Dancing with the Profs” competition

TEDI SWANSON & RACHEL RIETSEMA
ASSISTANT NEWS EDITOR & NEWS EDITOR

On Saturday, Jan. 31 at 7:30 p.m., “Dancing with a Prof” will debut in Christ Chapel, and eight pairs of professors and students will perform their prepared routines. Eight students well-known for their dancing abilities were selected to participate in the competition. These students had the freedom to choose which professor they wanted to dance with. After deciding who they wanted to work with, they asked if the professor would be willing to participate.

Junior Beth Kosters wanted the experience to be fun-filled. Kosters hoped that her dance partner, Mike Kugler, professor of history, would be open to her ideas and excited to perform on stage.

Kugler was thrilled to be considered. After being asked, however, he had mixed emotions.

“I was honored to be considered someone who could move that body to the rhythms of mysterious beats,” Kugler said describing his emotions upon being asked to dance. “Later, once I had some cocoa and a shower, I experienced terror.”

Another dancing pair, Joanna Trapp, associate professor of English and senior Tony Wilder, have put in quite a bit of time perfecting their dance moves. Hip-hop dancing is something that is completely foreign to Trapp.

Wilder picked the song and has done all of the choreography.

“Tony is now trying to teach an old, tired person with bad knees how to hip hop,” Trapp said. “It’s not pretty. But he has cleverly picked an approach that allows me to bungle a bit.”

After all of the couples finish their routines, the audience will vote on which they feel is the best. Whether or not they win, each couple has enjoyed themselves during the process of preparing for the competition.

“Theory is always the best,” Kugler said. “But it is also fun imagining Randy Jensen as my dance partner.”

International year of the organ: faculty puts on recital

KRISTIN KOOIMA
STAFF WRITER

NW faculty will present an organ recital on Friday, Jan. 30 at 7:30 p.m. in Christ Chapel. This recital is in celebration of 2008-2009 being the International Year of the Organ.

Faculty participants include MaryLou Wielenga, lecturer in music and college organist; trumpeter Richard Bogengrief, lecturer in music; flutist Sue De Haan, lecturer in music; soprano and organ; organ by Max Janowski for trumpet and organ; and professor of music, will narrate. A piece that Wielenga played 28 years ago for the organ dedication will also be played at this recital.

National credit/debit card security breach reaches campus

BY LEANN JOHNSON
STAFF WRITER

Heartland Payment Systems announced last week that a security breach in its processing system may have led to the theft of over one hundred million credit and debit card accounts, according to www.nbc12online.com. The company believes that this breach may be part of a widespread global cyber fraud operation.

Heartland handles credit/debit prepaid card processing, payroll, check management and payment solutions for more than 250,000 business locations nationwide. Its top companies include Visa, MasterCard, American Express and Discover.

The breach occurred last year, but went undetected until Jan. 12 of this year. In a prepared statement to the press, Heartland said the breach released card numbers, cardholder name, and internal bank codes to the hackers. However, it did not involve merchant data or the Social Security numbers, unencrypted personal identification numbers (PIN), addresses or telephone numbers of cardholders.

To prevent similar breaches from happening again, Robert O. Carr, Heartland’s chairman and chief executive officer, said Heartland is currently investing renewed efforts into a technology that will use end-to-end encryption. This will protect merchant and consumer data during the entire transaction process and eliminate some of the vulnerabilities of the current system.

Heartland set up a website, www.2008breach.com, to update cardholders and let them know what Heartland is doing to prevent a breach like this from happening again. The site also provides cardholders with information about who reported the breach.

Heartland encourages cardholders to closely examine their billing statements and immediately report any suspicious-looking activity to their issuing banks.

Story continues on Page 8
I was 11 years old in January of 2000. My relatives were crammed into my grandma’s tiny house, most of us in her living room with our eyes glued to her television. I held my breath as the Tennessee Titans, who had come back from a 16-0 deficit, made one final push in the closing seconds and came up just one yard short of a Super Bowl victory. Kurt Warner and the St. Louis Rams were crowned champions of what was deemed one of the best Super Bowls ever.

Nine years later, Kurt Warner is back for his third Super Bowl appearance, this time with the Arizona Cardinals. Super Bowl XLIII will be played on Sunday at 5:28 p.m. Advertisers have spent an average of $2.7 million for 30-second commercial slots as 95 million people will watch the 97 Cardinals attempt to finish their unexpected playoff run by defeating the Pittsburgh Steelers.

What’s the big deal? After all, it’s only a game. Isn’t it? Advertisements in general can unite people from around the world. It’s inspiring to watch the opening ceremonies of the Olympics where athletes from allied countries as well as athletes from warring countries gather together. Everyone wears their own colors, but all stand as one and celebrate their common love of sports.

The sport of football is especially popular in America. For many football fans, the Super Bowl is the highlight of the season. Even after their teams are eliminated from the playoffs, these fans pick new favorites until only two teams remain. It doesn’t matter that my Vikings have not been to the Super Bowl in my lifetime, I still pick a team to root for every year and get just as excited with every tackle, every touchdown and every victory as I do when I watch Minnesota. For this game, though, I am joined by football fans across the nation who are either cheering for or against my chosen team.

But not everyone is a football fan. What does the Super Bowl mean to them?

For many people, the Super Bowl is a time to get together with families or friends. My relatives have watched the game together for years and I have many fun and interesting memories of being with my cousins. It’s an excuse to have a party and spend time with the people you love, whether you pay attention to the game or not.

Then, of course, there are the commercials. When companies are spending millions of dollars to sell their product in 30 seconds, they need to create the funniest and most memorable advertisements. For many, the Super Bowl commercials are what drew them to the game.

During the ceremony I had mixed feelings about the “Obamaian” around me. My fellow viewers lauded the performance and conduct of Democrats as they entered but criticized every Republican and vociferously booed President Bush. It was difficult for me to remain silent, but I did out of self-control and for my own safety.

In contrast, I was moved by behavior during Rick Warren’s prayer (though several shouted for him to make it short). The room that was 80 percent African-American resounded with “Amen” and “Yes, Lords” and participation in the Lord’s Prayer. I was reminded that though we may have different political beliefs, the final destiny for Christians is the same.

The time the parade began we were frozen from our long wait. Biden and his family walked by but Obama had gotten back in his car. I was pretty disappointed; I hadn’t gone to the bathroom in nine hours waiting for this. Still, the experience of being in D.C. with millions of people was truly memorable.

After living much of my life with Republicans in power, in America, I forced myself to think how I will respond as a political minority. Christians are called to respect those in authority and I intend to do so, praying diligently for leaders and for the country.

I may not agree with all the president’s views, but I must give him a chance to prove himself and then judge his presidency by what he does for our country. In the meantime, I plan to sharpen my convictions and stand firm for what I believe.

We applauded with each introduction, sung over with Sasha and Malia, joined in the “Obama! Obama!” chant, prayed in unison for the Lord’s Prayer and giggled at the flubbing of the oath.

Through my tears—I was a mess—I looked around at all of these people: strangers yet friends, black, white, Hispanic and Asian, young and old, from the North, South, East and West and thought, “Dang, I am freaking happy. I am freaking happy to finally feel the meaning of unity and hope, to see such an impossibility come full circle and to be a witness of such history.”

The ceremony ended and we all looked at each other in silence. Our faces said it all: Yes, we did, America. Yes, we did.
There's no fun like snow fun

BY BRETT MEYER
CONTRIBUTING WRITER

By now, you've probably noticed the white stuff that seems to have invaded our campus. These past few years, April and May have also seen snow. Chances are, we'll probably see it again. Some people love it; others hate it.

There are many different ways for people to enjoy snow. Generally, people will stick with the traditional snowman or snowball fight. But after a while, one finds himself looking for more unique options. Here are a few ideas from students across campus.

Earlier this semester, several students living in West Hall built a snowman. And, this particular snowman was built inside their Resident Director’s apartment. The men set the temperature in the room to below freezing so that the snowman was able to eagerly await the RD’s return.

Sophomore Curtis Ver Mulm came up with the idea of digging a snow cave that would be used as a smokers’ lounge, off-campus of course. With all the snow that is pushed aside by street services, there is definitely enough to make the idea a reality.

“It’s cold outside, and it’s always nicer to smoke out of the wind,” said Ver Mulm. “It would be kind of a ministry to the smokers of Northwestern.”

Even if you don’t smoke, you can’t deny the sheer awesomeness of hanging out inside a snow drift.

Water gun fights are a popular thing to do during the summer, but take a big hit during the winter. However, this didn’t stop junior Carrie Manifold from proposing the idea of using melted snow for a water gun fight. Around campus there is a plentiful supply of snow, so you’re not likely to run out of ammo anytime soon.

This winter, try to break out of the box, and use your imagination when you interact with the fluffy white stuff.

Create an igloo and decorate it by filling a spray bottle with food coloring; make snow cones with actual snow; sled down the gigantic piles of snow that maintenance makes; build sand castles in the snow or create your very own snow art. The ideas are limitless, so get out there and make use of it.

The Great White Not?

BY GREG WHITE
CONTRIBUTING WRITER

Imagine you are a Northwestern College girl who lives in Steggy, Fern or Hospers. It is Super Bowl Sunday, but like every other Sunday, you are studying diligently in your room with the door closed. You open the door to get a drink and thirty Coly guys are there in their boxes ready to sing “Loving Feeling” just like in Top Gun. You would be lucky if this were you. It’s Coly’s Great White North!

This great Coly tradition has been building community since 1982. But in those days, it was much more invasive. Instead of thirty guys out in the hallway, it was thirty guys in your room! According to Brandon Van Marel, the Resident Director of Coly, “Girls were really creeped out by it.”

There has been some talk of nixing the tradition this year. John Brogan declined to comment on the alleged cancellation. Van Marel’s reasoning is that, “it might cause some girls to struggle, so it would be best if we kill it to keep them from struggling. I think it’s appropriate that we’re sensitive to that.”

However, Van Marel also noted that in the past the Bra Run—girls running through the male dorms in bras and short shorts—caused equal if not more struggling for the men.

As a former NW student, Van Marel himself once sang in the Great White North. When asked about his experience with the communal tradition he said, “It’s been around since 1982, and that says something; my favorite part is the picture outside of Zwemer.”

Van Marel mentioned that some say we have to be sensitive to our culture. But with the more loose morality of our culture, it would be bold to judge a few guys in their boxes singing to girls.

The administration is not going to kill it, but they aren’t going to promote it either. Patrick Hummel, director of residence life, gave temporary consent to the Great White North as long as some modifications were made. These modifications are still being worked out.

The administration might not be the only hurdle to jump if the timeless tradition is to carry on. The Great White North is passed down from perverted seniors to the clueless freshmen, or so goes the stereotype. However, Van Marel pointed out there is no one to take the reins this year. This is perhaps a grave underestimation of the men of Coly.

Some say that if Heemstra and West are allowed their traditions of gourd week and togas, then Coly should be allowed Great White North. To the Men of Coly—May you ever serenade the women out of their romantic lethargy; don’t lose that loving feeling.
Winter weather is attacking campus...and cars

BY KILEY SELIGMAN
FEATURES EDITOR

I slid into my 1994 Pontiac Grand Am and turned the key. After a few chokes in the cold weather, the engine roared to life—and then started to make a hideous rattle. Apparently, the cold weather froze up something under the hood and kicked off my alternator belt.

I wasn’t going anywhere.

Many Northwestern students are dealing with similar problems as winter weather attacks the campus, and our cars.

Today’s historic low for Orange City was -17 degrees in 1951, and the average low for January is 13 degrees, according to wunderground.com. Neither of these temperatures are ideal conditions for keeping a car running.

Thankfully, NW’s maintenance staff is available to help with broken-down vehicles.

“Right before Christmas break, [we helped people] five times a day for that week,” maintenance department receptionist Julie Andersen said.

The maintenance department deals with a variety of weather-related problems.

“Mostly it’s just dead batteries. One in a while we’ll bring a car in the shop if it’s frozen, to thaw it out,” supervisor of housekeeping Arlo Van Beek said.

Director of campus safety and security Perry Krosschell said he will help if someone waves him down, but mainly he will direct them to maintenance. He said maintenance is very willing to help.

“I think they’re very giving that way. They can get into cars if they have to, help with tires, help dig people out,” said Krosschell. “This past spring break, I helped dig out all kinds of cars.”

Krosschell and Van Beek may not be car experts, but they did have some tips on how to keep a car in good shape during the winter.

First, warm your car up periodically and take it for a spin around the block every few days.

“When it comes to breaks, I send out an e-mail to warm up cars early,” said Krosschell. “Some people are in a rush to get home, then 10 cars will be lined up for maintenance.”

Second, keep your battery terminals clean.

“What we run into most is battery terminals being corroded and not getting a good connection,” Van Beek said.

“Getting someone to clean those is very helpful.”

Third, keep your gas tank full. If the tank is not half full, condensation develops and it will freeze. Then gas cannot get past it.

Also, take care not to strip your windshield wipers. During the night, wipers tend to freeze to the windshield, and if you turn them on before they warm up, it can ruin the rubber.

“Mostly, just prepare yourself for it [the cold],” Van Beek said. “Dress well in case you break down. If you do find yourself with car trouble, the maintenance department can be reached 8 a.m. to 5 p.m. Monday through Friday at extension 7170.”

However, sometimes a car’s damage is beyond what maintenance can fix.

“We don’t repair cars, but we usually recommend somewhere to go,” said Andersen.

Van Beek suggested going to Conoco, Sinclair or Punt Chevrolet for repairs.

Winter temperatures may fluctuate, but they are never nice to cars. Following a few tips could help you from getting into your car and hearing the dreaded chug and fail of your engine.

Aaaaaah-Chooooo!
Weakened immune systems and staying indoors causes winter illness

BY ANDREW LOVGREN
STAFF WRITER

Since temperatures have fallen, cold and flu cases around the nation have begun to frequently appear.

During the winter months, cold temperatures weaken the immune system. Also, people tend to stay indoors in close spaces, which can spread illness more easily.

With this in mind, it is important that the appropriate steps are taken to lower the risk of catching illness.

A major part of strengthening the immune system is a proper diet. As college students with limited options, it is important to pick meals that build a balanced diet. Limiting sugar intake and consuming more fresh fruits and vegetables help strengthen your immune system with the vitamins and nutrients needed to ward off illness.

Vitamin C is a very important defense vitamin, but it is only useful if ingested before getting sick.

Another important part of taking care of the immune system is good hygiene. More than just washing your hands, using sanitizer on often-used surfaces or when a roommate is sick is important.

Also, to stay healthy, college students need ample sleep.

“Even with heavy workloads, it is important that students get eight hours of rest to build up the immune system,” said instructor of nursing, Michelle Van Wyhe.

“At the very minimum, students should get six hours of sleep to stay healthy this winter.”

Along with maintaining hygiene, it is crucial to stay active, regardless of the frigid temperatures. This strengthens the immune system by pumping more oxygen into the blood stream, causing the body to be more alert.

There are numerous activities available on campus to stay active. Walking at the track, shooting hoops, playing racquetball or even just walking around the RSC are great ways to stay active during the winter months.

Along with exercise, it is important to clean out the body with fresh air. Even walking to the cafeteria instead of driving gives your body a chance to purge the stale, germ-filled air from its system.

To assist in prevention, a daily vitamin is recommended. You don’t need to empty your pockets of your hard earned work-study money for an expensive vitamin, however.

The solution could be as simple and cheap as Flintstones chewable vitamins, available for around only seven dollars. Though these may bring out the child in all of us, they contain all of the necessary vitamins to strengthen an adult immune system.

A vitamin specific to gender or age is also well worth the money. Remember to only take the prescribed amount, because the body will only use the daily amounts and will then get rid of the rest.

Overdosing on vitamins will not help you get over an illness faster, nor will it help prevent one.

Not only are the winter months bad times to contract disease, but for some it is the first winter away from a mother’s care. So what does one do when sick, without calling mother?

The first and most important step is prevention. When that isn’t enough, the best medicine for the common cold is rest.

Medications, such as Nyquil, are recommended to help relieve symptoms. Most are available over-the-counter and can be found by asking your local pharmacist.

If symptoms persist after rest and basic antibiotics, contact the Wellness Center and set up an appointment at wellness@nwciowa.edu.
Spanish chapels offer culture on campus

BY KADY BRAM
CONTRIBUTING WRITER

"Spanish chapel is great for our campus because it adds variety and an opportunity for Hispanics in the community to be a part of Northwestern," senior Rachel Hermann said.

Instructor in Spanish Kris McDonald wants to emphasize to students that "it's important we learn that worship is something we define within our own culture. God is not bound by one particular worship style or language; we should think of the body of Christ as being something multi-national, multi-racial and multi-lingual."

Even students that know little or no Spanish should consider attending Spanish chapel at least once while at NW. "I really enjoy seeing people who may not know Spanish take an interest. It is always a good feeling to know that people are open to new ways of praising Christ," junior Karla Arevalo stated.

As Melsh said, "Spanish chapel is essential to our campus. You don't have to understand Spanish to appreciate it. Language is beautiful!"

In addition to students and faculty, members of the community often choose to attend. "Spanish chapel is great for our campus because it adds variety and an opportunity for Hispanics in the community to be a part of Northwestern," senior Kendra Dahlbacka said. "It also serves as a reminder that there are no language barriers between God and those who worship him."

Spanish chapels are held twice a month, typically every other Wednesday. They take place during the regular chapel time in the choir room of DeWitt Music Hall. Although some Spanish majors attend the chapel sessions to fulfill certain course requirements, many of these same students choose to attend for other reasons.

"I like being able to use my Spanish in a non-classroom setting," senior Lisa Worsena said.

Others appreciate the chapels for the practice it affords them.

"For students like me, Spanish chapel provides the opportunity to apply what we have learned in the classroom to a real life setting. It's like a lab for my classes," senior Marly Melsh said.

Many students regularly attend Spanish chapels, but wish that more students shared their enthusiasm for it.

"Spanish chapel is a unique opportunity to worship God in another language," said senior Kendra Dahlbacka. "It also serves as a reminder that there are no language barriers between God and those who worship him."

Click to watch: webisodes added to Real.Northwestern

BY LEE STOVER
STAFF WRITER

Real.Northwestern is an approximately nine-minute video that gives viewers a glimpse of what NW life is like from the perspective of students. Undergrads were given cameras and encouraged to tell their own stories about classes, dorm life and other aspects of NW's campus.

The video can be found on NW's website, as well as NW's Real.Northwestern YouTube channel.

Since the original piece was uploaded in August, smaller webisodes have been added at www.nwciowa.edu/realnorthwestern.

"The mini-webisodes are taken from the raw footage of the entire Real.Northwestern project," said Tamara Fynaardt, NW's associate director of public relations. "Passenger Productions, who produced Real.Northwestern, offered to do shorter videos. We wanted to offer something new with a shorter, specific story. Our motivation was to put ourselves out there without it looking like an obvious product from NW. We were looking for something that was simply genuine."

The three webisodes are all under two minutes in length.

One video focuses on the spring 2008 Lamrof dance: its theme and what some students dressed up as.

Another webisode highlights West Hall's Medieval Week, with an emphasis on the epic battle on the green that concluded the festivities.

The last video follows a Spring Service Project team to Kentucky.

There are more webisodes in the making.

"Our goal is to add an athletic video and one or two others on specific students," Fynaardt said.

"We have a lot of footage to work with. The videos will be uploaded as the funding for producing becomes available. While it might not happen right now, there is also potential for student videos shot in the same style as Real.Northwestern to be uploaded after we have used all initial footage."

Super Bowl XLII
It's time to party

BY KILEY SELIGMAN
FEATURES EDITOR

This Sunday, 72,500 lucky fans will watch firsthand as the Cardinals and the Steelers duke it out in the beautiful sunshine of Tampa Bay. Though Northwestern students may have to scream and cheer at a tiny TV as snow and wind whirl outside, it is still possible to have a little fun.

For football fans or commercial viewers, food, drinks and some decorations can make a perfect Super Bowl party.

Snack foods are a must for any successful Super Bowl party. Tortilla chips, cheese dip, Cheez Mix, Lil' Smokies, pizza and hot wings are some popular choices.

Craig Woldruff, store manager at Don's Foods, gave more popular items.

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Mike McCormick, store manager at Orange City's Fareway, "And whatever kind of beverage you want."

No grocery store in Orange City is open on Sundays, so make sure to get all ingredients ahead of time.

"There's always those [that forget things]," said Woldruff. "You got a recipe, but don't have this or don't have that—have the Lil' Smokies, but don't have the barbeque."

In addition to edible items, "It's fun to take some kind of game to play during halftime if you're not watching the festivities," suggested Woldruff.

Food, drinks, utensils and decorations are keys to a successful Super Bowl party. The most important part though, is the people.

Once you have all the party supplies, don't forget to invite the guests.

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FEATURES

Twice a month, a small group of people gathers on campus. They enjoy fellowship, pray together, listen to a guest speaker and sing songs of worship to God.

Who are they? They are students, faculty and community members that meet with the same purpose others have when they attend chapel each week. The only difference is that the words they pray and sing together are all in Spanish.

Spanish chapels are held twice a month, typically every other Wednesday. They take place during the regular chapel time in the choir room of DeWitt Music Hall.

Although some Spanish majors attend the chapel sessions to fulfill certain course requirements, many of these same students choose to attend for other reasons.

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Students of all walks of life take part in a Spanish chapel service held in the choir room of DeWitt Music Hall.

In addition to students and faculty, members of the community often choose to attend. "Spanish chapel is great for our campus because it adds variety and an opportunity for Hispanics in the community to be a part of Northwestern," senior Rachel Hermann said.

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Men’s basketball wins thriller over Dordt

BY CAMERON CARLOW
CONTRIBUTING WRITER

Seven wins are not easy to come by in the GPAC conference, let alone seven in a row. However, the Northwestern men’s basketball team managed to capture its seventh straight win Wednesday night against Dordt.

The Raiders managed to pull out a 72-70 victory over the Defenders in a close match. The victory came after NW traveled to Nebraska Wesleyan on Saturday and came out with a 70-61 win. NW improves to 14-7, 9-2 in the GPAC.

NW 72, Dordt 70

Wednesday night was the second match-up of the season with Dordt. The first time around the Raiders lost 79-89 at home.

“It’s a big game but just one more step to where we need to go,” Korver said coming into the game. “It’s a great opportunity to see where we’ve improved, especially on the defensive side of the ball.”

This time the game was at Dordt inside a gym filled with fans from both teams.

NW trailed by as much as 13 points in the first half. After a small comeback, the score at half time was 36-30 in favor of the Defenders.

NW got within three with 14 minutes left to play after two consecutive three-pointers from junior Jerome Hoegh. The margin stayed small with the Raiders trailing until the final minute of the game when freshman Alex Huisken hit a three-point field goal to tie it up at 70. The teams battled back and forth with no baskets until junior Ryan Hoogeveen tipped in a rebound to put the Raiders up, 72-70, with six seconds remaining. As the buzzer rang, the score remained 72-70 in favor of NW.

Junior Michael Jiskoot led the Raiders posting a double-double with 17 points and 10 rebounds. Huisken put up 14 points along with three assists.

NW 70, Nebraska Wesleyan 61

Trailing 20-9 to Nebraska Wesleyan last Saturday with 11 minutes left in the first half, NW went on a 12-0 run to overtake the lead and never looked back—going into halftime with a 14 point lead.

“It’s a tough environment to play in,” head basketball coach Kris Korver said. “It took waves of energy from the guys off the bench to come back like we did.”

Junior Ben Brown and senior Kale Wiertzema led the Raiders in scoring, each boasting 16 points. Jiskoot pulled down eight rebounds to lead NW along with two assists.

Korver wants his team to continue to “bring the Lord praise and honor NW” as they look to continue on their seven-game winning streak while taking on Dana at home on Saturday, Jan. 31 and traveling to Sioux Falls on Wednesday, Feb. 4.

Eight track members run at Graphic Edge Open; Miles takes first place in 5000 meter run

BY RENEE NYHOF
EDITOR

Sophomore Charity Miles achieved first place in the 5000 meter race last Saturday at the Graphic Edge Open in Vermillion, S.D. Miles arrived at the finish line eight seconds ahead of the second place runner and recorded an 18 minute, one second time. With her time, Miles surpassed the NAIA qualifying standard (18:26) and has now qualified for the national meet in two events, as she provisionally qualified in the 3000 meter run on Jan. 17.

Miles was one of eight runners chosen by Dale Thompson, assistant track coach, to participate in last Saturday’s indoor track meet.

“Some track events have many opportunities to reach the mark for conference and for nationals,” said Thompson. “Yet, the 5000 m run only happens twice before conference so only the Northwestern runners for that event had to participate instead of the whole track team.”

The list of NW participants in the women’s 5000 meter race included sophomore Jenna Sorensen, who finished fourth with a time of 19:17. Sophomore Stephanie Powell and Breann Rozehom took 10th and 12th place with times of 19:54 and 20:08 respectively. Juniors Sarah Storm and Angela Wiggins crossed the line in 21:05 (17th) and 22:11 (23rd).

In the men’s 5000 meter race, senior Jack Peterson placed 12th with a time of 16:26 and junior Kyle Gerhard finished 25th with a time of 17:47.

“The 5000 meter run is equivalent to 25 laps on the track in Vermillion and 31 ¼ laps in the RSC; no one wakes up in the morning and says I’d like to run that every day,” said Thompson. “I was pleased with the tremendous focus the runners had, which can easily be lost during those many laps.”

The entire Raider track team will compete this Saturday, Jan. 31 in Storm Lake, Iowa, at the Buena Vista Open.
Red Raiders find success despite missing wrestlers in two weight classes

BY CAMERON CARLOW
CONTRIBUTING WRITER

The Northwestern wrestling team competed twice this week including a dual with Hastings and a triangular with Morningside and Buena Vista.

The Raiders won against Hastings, 33-18, on Jan. 23, then carried that into the double dual on Jan. 27, where NW lost to Morningside, 15-21, but defeated Buena Vista, 30-16.

NW 33, Hastings 18

NW was looking for some motivation coming off a loss to Briar Cliff the week before and found that motivation against Hastings.

"We did well after the Briar Cliff fiasco," head coach Rik Dahl said. "We challenged them and were a lot more aggressive."

Individually, the Raiders were successful getting pins out of freshmen Matt Dowell, senior Levi Price, sophomore David Carter, senior Cole Sprove and freshmen Nic Leither. Junior Brad Hughes also won his match, 6-3, in the 285-pound division.

"Hughes had a huge win and beat the number three guy in our region," Dahl said.

NW 15, Morningside 21

After the victory over Hastings, the Raiders took on Morningside. This was the second time that NW has battled the Mustangs this season. Last time, Morningside topped NW, 34-9. In this meeting, however, victory was not as easy to come by for the Mustangs.

"We lost, but I was proud of our performance," Dahl said.

The Raiders actually won the head-to-head scoring but lost due to not having wrestlers in the 125 and 133 pound weight classes.

Dahl feels that his team does not need to worry about only having eight active wrestlers instead of the usual ten. He feels that if the Raiders get pins and technical falls the numbers will not matter.

"That’s where we are at," Dahl said. "If we are going to beat you, we are going to do it with eight guys."

NW 30, Buena Vista 16

Along with Morningside, NW took on Buena Vista on Tuesday. The Raiders had no trouble against the Beavers and got six victories, including four pins. On the night the Raiders were of 11-5.

"Claudel, Price and Leither each had two big wins," Dahl said. NW will go on the road this week to dual Waldorf on Jan. 30 and Dana on Feb. 4.

Overtime leads to Raider women victory over Dordt

BY RENEE NYHOF
EDITOR

Northwestern wrapped up a three-game road trip with a defeat over GPAC rival Dordt College, 81-74, in overtime Wednesday night. The third-ranked Raiders improve to 10-1 in the GPAC, 16-5 overall.

NW 81, Dordt 74

The Raiders and the Defenders struggled for the lead at the start of the game. However, once Dordt gained control in the first half, they held the lead until nine minutes remained. NW then scored 13 points to tie the game at 64. As the clock ran down, both teams missed their chances to grab the lead and went into overtime tied at 67.

The teams exchanged quick leads in overtime until a lay-up by sophomore Allison Hulst initiated a 10-0 Raider run to preserve the win.

NW 68, Nebraska Wesleyan 55

Before playing Dordt, the Raiders achieved victory, 68-55, against Nebraska Wesleyan last Saturday. The Raiders jostled with the Prairie Wolves to maintain their lead. Early in the second half, Nebraska Wesleyan tied the game up and held a brief lead, 39-38. Yet, with 12 minutes left to go, the Raiders broke away on an 18-5 run with 8:27 left. NW’s lead was never threatened again.

Both the Nebraska Wesleyan and Dordt games were led by sophomore Becca Hurley in points. Even though the stats list her point total at 38 between the two games, Hurley does not intend to make stats her focus.

“Our team goals are to play hard and play together," said Hurley. "We want to win and it is not important to us who gets the credit for scoring the most points in a game. I think the strength of our team is that anyone can step up on any given night and be the leading scorer.”

After having a three-game road trip, the Raider women return home Saturday to host Dana at 2:00 p.m.

Orv Otten will no longer coach for Red Raiders

BY HEIDI HILDEBRANDT
SPORTS EDITOR

Orv Otten will no longer serve as the head football coach for Northwestern College.

Otten has had a very successful coaching career with a 105-45 overall record. His football team qualified for the NAIA playoffs four times, most recently in 2006. In 2000 he was named by American Football Monthly as the national coach of the year when his team advanced to the national semifinals. Otten has coached 35 All-Americans and 37 scholar athletes since 1995. NW is listed as the ninth most winning program since 2000.

PLAYER PROFILE
Kelsey Shiflett

Golf has always been a part of life for Kelsey Shiflett. Her dad taught her the game and she became familiar with the golf course at a very young age.

“I’ve played golf since I was 13,” said Shiflett, “but I’ve driven a golf cart since I was five.”

Golf is a common interest shared by the Shiflett family, which includes Kelsey’s parents, Dan and Candy, and a younger sister, Alyssa. Humboldt, Iowa has been Shiflett’s home for her whole life and she played golf all through high school. As she finished up her high school years, she was looking for a small, Christian school and decided to attend Northwestern. Since she really enjoyed golf, she chose to continue her career on the Red Raider women’s golf team. After being one of the top shooters for NW, Shiflett shows great potential for her final spring golf season.

Shiflett is actively involved in the student body at NW. Besides being a member of the golf team, she also dedicates a lot of time to the Student Activities and Student Leadership Councils.

Her hard work is also apparent in the classroom, as Shiflett is graduating a year early as a business major. She is getting married this summer and hopes to move out to Colorado and possibly attend a graduate school for student affairs.

Shiflett expressed her desire to serve with her hopes of someday working for a non-profit organization, but realizes she may have to wait because of the current status of the economy.

“[I’m] just hoping to find a job,” Shiflett admits, “but eventually I want to work on special events and fundraising for non-profit organizations.”

Shiflett really enjoys golf because “it’s never the same twice. There’s a new challenge every time you play.” Reflecting on her golf career, she said, “It’s bittersweet but very rewarding.” As she faces the challenges of life after college, Shiflett’s work ethic and desire to serve are sure to be rewarding as well.
**Wurpts’ “Sucked In” exposes effects of media**

**SARA CURRY**
**CONTRIBUTING WRITER**

On Monday, Feb. 2 from 9 to 10 p.m., CJ Wurpts’ “Sucked In” art show will debut with an opening reception. The show will continue until Feb. 6 in the Te Paske Gallery in the Korver Visual Arts center.

According to senior CJ Wurpts, an artist is a person who “conveys beliefs, norms and convictions through a visual medium.” Wurpts describes art not only as a creative type of expression, but as a form of prophetic symbolism that challenges views of society.

A “prophet of art” himself, Wurpts is hoping to challenge traditional ways of thinking through the presentation of an installation piece entitled “Sucked in.” An installation piece is a very unique form of art that utilizes a space specifically for the purpose of the piece.

The show will integrate the entire art gallery as part of the piece itself, making it distinctive from the usual methods of artistic presentation. “Rather than simply hanging pieces up that don’t really have any connection,” Wurpts said, “I thought I’d try something new and unique.”

With the availability of such a large space, Wurpts is able to incorporate elements like light, sound and movement into his work that are otherwise difficult to display.

The inspiration behind “Sucked In” lies within the effects of media culture on our society. “We’re so oversaturated with all of the news around us that the media has now become something that controls what we hear and what we think about,” Wurpts said.

Through his artwork, Wurpts hopes to expose the blinding and controlling effects of the media, and challenge how we respond to it. “In the news, the story about the lady with the oldest cat in the world is just as important as the Israeli-Palestinian conflict,” said Wurpts. “We can’t tell which is more important anymore because we’re so saturated.”

By displaying how society has been “sucked in” by the media, Wurpts hopes to challenge how we perceive the world so we can find our way back out.

Wurpts describes “Sucked In” to be a fitting conclusion to his time within Northwestern’s art program.

“It’s a culmination of what I’ve learned at NW and of the personal philosophy of art I have put together,” Wurpts said.

Wurpts will also be featuring three paintings and two sculptures reflecting his passion for artistic expression and philosophical creativity.

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**Depression screenings available on campus**

The Wellness Center will be holding a depression screening on Feb. 2, 2009 from 10:30 a.m. until 1 p.m. in the RSC mall. This opportunity is free and is open to faculty, staff and students. The screening comes from the idea that many people have depression and do not know it.

“We just want to make it easy for people,” said Sally Oakes Edman, Wellness Center director.

Students can stop by the tables in the RSC during the day and pick up a depression and mood screening questionnaire to fill out. They can then enter an office or conference room with a staff member to go over the survey. The whole process should take a little less than 10 minutes.

One out of four college students will experience depression before they turn 24. While depression is a huge problem in our society, Edman realizes that Northwestern students are “great about seeking their own physical and mental help.”

A 2008 Cooperative Institutional Research Program survey revealed that 3.7 percent of NW students frequently or occasionally felt depressed in the past year. In comparison to other schools, NW had slightly lower incidences of mental health issues, but depression is still the number one reason students seek help from the Wellness Center.

NW participates annually in this nationwide event, which began in 1991 when Screening for Mental Health began promoting a nationwide depression screening day in October.

“National Security Breach”...

Cardholders will not be responsible for paying unauthorized fraudulent charges made by third-parties if the charges are reported in a timely manner.

This nationwide breach hit close to home for NW senior Jenni Sybesma. She found out last week from the Sioux City branch of First National Bank that her MasterCard debit card had been hacked into. The bank shut down her debit card as soon as it found out about the breach, so as far as Sybesma knows, no unauthorized payments were made on her card. The bank is sending her a new card soon.

“In regards to this potentially scary situation, Sybesma said, “First National took care of it very well and quickly, and I am thankful. It made me feel safe that they caught it so fast.”