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“Celebrate NWC” at this year’s Gala Auction

BY TEDI SWANSON

“Celebrate NWC” is the theme of this year’s Gala Auction, an event hosted by Northwestern’s National Alumni board. The auction will be held this Saturday, Feb. 23 in the RSC gym beginning at 3:30 p.m.

The Gala Auction is an event with a 25-year history that is held every year in an attempt to raise money for the Northwestern Scholarship fund, as well as to raise money for the NW Teaching Excellence award.

“The auction began 25 years ago and has grown substantially in size. Between gifts and market performance, close to a million dollars ($957,809.47) has been raised from the auction,” said Rachel Van Den Broek, director of alumni and parent relations.

The large amount of money brought in by the auction shows how much of a success it has been. By appealing to many different types of people through a silent auction and an audible auction, the event has allowed people of all personalities to participate in donating to the school.

On top of offering two different types of auctions, the items being auctioned also cover a wide range of genres.

“There is something for everyone! If you would like a Wil, there is one on the auction, if you need practical items like gift certificates to local restaurants, we have those. If you would like to take someone out in a limo, there is a limo ride available,” Van Den Broek said.

This vast array of items is donated by individuals that have consistently been involved with the auction, as well as by alumni and others who see it as a way of giving back to the school. Every year letters are sent out to alumni and previous donors to give them the opportunity to participate in the auction.

Not only does the auction involve bidding on items that are visible and known, but a new twist has been added this year. “We have two mystery items this year that have been donated — I don’t even know what they are!” Van Den Broek exclaimed.

Lasting most of Saturday afternoon throughout the evening, the auction is worth stopping by and checking out. With mystery items and decorations courtesy of Kait Koerselman, Mandi Fox and Ansley Gries, it should at least provide contrast to the normal Saturday routine. Plus, free refreshments of cupcakes and ice cream will be waiting for you there. Who knows, you might even find something worth bidding on!

NW recognizes National Eating Disorder Awareness Week

BY CHANTELLE STEGGERDA

“Eating disorders are complex conditions that can arise from a variety of potential causes. Once started, however, they can create a self-perpetuating cycle of physical and emotional destruction” (www.edap.com).

Next week, Feb. 24 through March 1, is National Eating Disorder Awareness Week, and Northwestern’s Counseling Services staff is making note of it on campus.

“We just want to stop and think about it,” commented Dr. Sally Edman. “Are you taking good care of your body, or are you messing it up?”

The Counseling Services staff is putting out a series of three flers with facts about eating disorders, body image and things that we do that get in the way of the body’s self-regulation. There is also a feature on page 5 of the Beacon written by an anonymous student with anorexia nervosa.

“I’m glad overall,” said the student concerning the awareness week. “It’s just not talked about.”

On Monday and Tuesday, counseling services will have a table set up outside the cafeteria that will provide information on healthy eating. The table will also have example trays of healthy meals composed from cafeteria food.

Many disorders can be characterized by a weight and calorie phobia that preys on a poor body image. According to Edman, college years can be a struggle for many young people since their bodies are still developing despite the common belief that they are physically mature.

During the week, Counseling Services will be sending out an e-mail with a link to an anonymous, free assessment for those who are interested or concerned about their own eating habits. Students are encouraged to keep an eye out for that e-mail and participate. The anonymous results will be compiled to give some statistics for NW’s campus.

“Certainly I’d like this to be an occasion for someone with an eating disorder who isn’t getting help to realize it’d be good to get help,” commented Edman. “I hope it is a gentle encouragement.”

Edman hopes that the heightened awareness during the week will serve as a warning that we are all susceptible to corrupted eating and thinking habits.

“I hope that it will encourage people to think of their own body in healthy and affirming ways rather than counting lots of calories,” she said.

“Mine started related to a diet,” said the student concerning the disorder. “How many girls on campus are dieting? A lot! It can turn into an eating disorder really fast.”

“We want people to turn back to healthy and affirming ways rather than counting lots of calories,” she said. “Are you taking good care of your body, or are you messing it up?”
POOLS, LOVE, AND A WHOLE LOT OF RUBISH

BY KATIE VAN ETTER

Several weeks ago the cat told me that we throw out about 75 bags of food waste every day. That’s 15,300 bags and 60,600,000 bags totaling about 4,050 gallons. Math genius Ben Keester illustrated to me that if a typical backyard swimming pool holds between 17,000 and 22,000 gallons, our waste could fill one in five days.

The student handbook cites the first goal of Northwestern: “to provide a distinctively Christian education,” part of which “prepares and motivates all members of the college community to…transform human culture and to be stewards of God’s creation” (Page 5).

But where is the recognition of Northwestern’s food waste habits and our pursuit of transforming human culture and being stewards of God’s creation? In my hunger class last semester we exhaustively discussed—you guessed it—hunger. The most important thing I learned is that there is enough food in the world to feed the whole. The Food and Agriculture Organization (FAO), in their latest report, estimates 854 million undernourished people. With effective transportation services and waste habits and our connections to God and creation?

Signs of creation care already exist here. Some students study abroad with the Creation Care Study Program and learn how stewardship and caring for creation are intimately connected to our relationship with God. This issue is also significant on campus. NW’s previous president Bruce Murphy signed the “Evangelical Climate Initiative” which calls us to a higher standard of stewardship. Last spring, NW’s magazine, “The Classic,” asked us to reflect on our connections to God’s world? The article showed our concerns as a Christian community struggling to be good stewards in God’s world. I commend the administration’s awareness of the need to care for creation together, as a community, we now have many opportunities to take action and join the creation care movement.

Fresh wine

BY NATHAN (TYV) PETERS

What kind of legacy am I leaving? How will Northwestern be better because I lived here? Through my Northwestern experience, I developed a passion and vision to care for creation. I desire healthy relationships with the Creator and all of God’s creations. I am part of a group of students working to help NW become a better caretaker of the creation.

Considering my ecological footprint, I realized how many resources I consume. Many questions arose as I learned about food. Where was it grown? Were the people who grew, harvested, and processed it provided a respectful work environment? Were they provided fair compensation? How many pesticides, herbicides, fertilizers and preservatives are used to make the food, and are in the food? How far was it shipped? The answers shocked me, especially as I learned about food I consume in the cafeteria.

This year, NW’s food service contract expires. We must consider more responsible food options. Cafeteria food travels over 1,000 miles before it hits your plate—tons of fossil fuels wasted. What if the cafeteria offered locally grown food? It is fresher, tastier, more nutritious, supports local economy, uses less energy and does not contribute to unfair trade. Our campus and local farmers could benefit.

Imported food we get should be fair trade certified. It is a way to care for our brothers and sisters abroad.

Front Desk

Keeping God’s natural order

I’ve struggled with the concept of women in leadership positions for a long time. It’s clear that women today have no fear in breaking down the stereotypical barriers that have kept them at bay for so long. Even with my strict traditional background, I can’t help feeling proud when I hear of a woman succeeding in anything formerly thought of as “men only” territory because, let’s face it, everyone loves a good Cinderella story.

But overall, I don’t think it’s what God intended. When I read Ephesians 5:22, “For the husband is the head of the wife as Christ is the head of the church,” I don’t take it as a joke. Nor do I see it as condemnation. I believe that man’s God-given temperament equips him better for management in the home, government and church, while women are better outfitted for nurturing. I grant that there are verses in the Bible that could be considered more culturally relevant than universally, such as 1 Timothy 2:12 and 1 Corinthians 14:34-35, which say women should never have authority over men and should remain silent in church. But the basic concept of men being better situated for leadership than women does not, in my opinion, fall into the same category.

Now before you bite my head off, ladies, let me say that I think working women are an obvious staple in our society. They give the appearance that sex, alcohol and food are the only worthwhile topics of conversation. And forget the concept of “six days thou shalt labor”—the only work these men do is lifting donuts to their mouths. They are better situated for leadership than women does not, in my opinion, fall into the same category.

As men become lazier and women so willingly take over their God-appointed positions, my fear is that, while it appears the right course of action for now, we will one day regret our interference with God’s natural order.
Get your nose stuck in a book

BY AMANDA WRIGHT
ENTERTAINMENT EDITOR

With spring break just around the corner, many of us may need something to fill our downtime; naps, eating, watching re-runs or whatever you like to do on lazy afternoons. How about curling up with a good book? Time for reading is almost impossible to squeeze in along with homework, sports, work and other activities you may be involved in. Spring break is the perfect chance to catch up on that new thriller that just came out or the classic you’ve wanted to read for awhile.

Have you ever been so caught up in a book that it’s hard to put down? “More, more chapter,” you say, until one turns into two, then three, then four. One book that may have you going after just a few pages is the newest release from Stephen King, “Duma Key.” a fiction thriller about a mysterious island with supernatural tendencies. It was on the hardcore bestseller’s list for a week, but was bumped last week by John Grisham’s “The Appeal.”

“The Catcher in the Rye” by J.D. Salinger is an older book that some of you may have read already, but is my personal favorite and I’m adding published in 1951. “The Catcher in the Rye” has become a staple for teenage rebellion and defiance, but provides a very entertaining account of Caulfield’s expulsion from school and keeping secrets from his parents.

I don’t know if I could recommend any books without mentioning one recommended by the queen of daytime TV herself, Oprah. “East of Eden” by John Steinbeck is not only read-worthy according to Oprah’s Book Club, but most likely recommended by lifelong struggles. No, we’re not in literature class, but it is full of symbolism and themes that I’m sure your professors would be impressed and proud to hear you have read and identified.

Perhaps non-fiction is more your style. A good true story is always inspiring or at least brings a smile. Try these new releases: “The Great Swim” by Gavin Mortimer and “Predictably Irrational” by Dan Ariely. “The Great Swim” looks at four American women competing to be the first to swim across the English Channel, and the treachery they endure, as well as life after their fame. “Predictably Irrational,” economist Gavin Mortimer explores why when presented with a problem, our natural instinct is to act against our own stated interest. Sounds complicated, but he presents it with a comedic angle that is informational and entertaining.


The dilemma; want vs. should

BY RACHEL RIETSEMA
CONTRIBUTING WRITER

Before picking up your car keys to head to a fast food restaurant, please consider this: Taco John’s may seem like the most convenient, but haven’t you already paid for the key ingredients, milk. Instead of but you’re lacking in one of its because it sounds really amazing, but you’re lacking in one of its key ingredients, milk. Instead of going out to the store, check to see if anyone else has it first. Don’t make this an everyday occurrence because then the friend or neighbor might feel taken for granted. Also, if you actually do create some symbiotic relationship, then perhaps textbook sharing and other things will not only be convenient but cheaper. It’s all about saving money these days.

Again, if you’re lacking in the dough, then consider skipping the movie theater. For example, “ Fool’s Gold” came out a few weeks ago. Maybe it was a must-see for you and some other previews for upcoming movies look good, too. It may be really difficult to not eat buttery popcorn while viewing “Definitely, Maybe” and might even seem like a useless idea, but I beg to differ. Imagine all the money you could have in the bank if you waited for movies to come out on video. Now buying DVDs is more expensive, but renting will make the bill smaller. If one of your friends buys the movie, then it will be even cheaper. Creating and maintaining that symbiotic relationship for the movie lovers will be a wise endeavor. Many more ideas of saving money exist; think outside the box and let the pennies pile up.
Spirit of the season: Determination

BY LINDSAY SQUIRES
CONTRIBUTING WRITER

Why won’t they be quiet? I wondered incredulously, turning around on the hard wooden chair to stare down any of the miscreants behind me. Their voices punctured the cold air like repeated pin pricks on my eardrums, sending the sound careening around the auditorium.

Turning forward again, I pulled my coat closer and looked up at the stage. Standing in front of the big screen, Alina and Cornel were bravely trying to talk over the crowd, enthusiasm still in their voices.

The Lupeni cinema had been shut down and abandoned for some time, but tonight, the lonely gray-framed building had some remarkable IMPACT students claiming its stage.

PowerPoint suddenly illuminated the dull screen, and a chorus of yells hit the ceiling. I could not understand most of the words on the slides, but I knew what this project was about. The people of Lupeni were cutting Christmas trees from the Transylvanian Alps as if it were a God-made tree farm, and the kids had decided that they needed to address this environmental issue.

Though another item on the list of ecological problems in the Jiu Valley, the IMPACT kids knew it was one more thing they needed to do something about. Through the New Horizons Foundation and its IMPACT clubs, these special high school students are taking initiative to change their communities and build social capital through service-learning projects.

Their country is broken, but they understand that the mending needs to begin with them. Suddenly, the screen went dark, and the voices grew louder. Something was amiss with the PowerPoint, but the program had to continue as scheduled. Accordingly, I watched a forest official rise from his seat and walk onto the stage.

Finally they’ll be quiet, I thought, confident of the grim male authority now facing the audience. As he began to speak, the voices wavered but again resumed. The official continued as if unperturbed, his voice intelligible only to the first few rows.

Do they have no respect? I wondered angrily. I looked behind me again and watched the movement and noise swell like a headache. Was this actually happening? Since I’d walked into the building thirty minutes earlier, the predominantly teenage audience had been obnoxiously chattering and guffawing, not caring who was shouting from the stage.

I want to just turn around and yell something in English, I thought bitterly. I had seen how much heart, work and time the IMPACT students had put into their project.

They and their club leader had made contact with the mayor, the police, the forest service and school authorities. When I had first walked into the cinema, Cristi, one of the IMPACT students, was beaming with enthusiasm and pride as he showed me and a couple other students to front row seats.

Now, disrespect took on new meaning for me as the audience defied control. The growing unrest and anger of the authorities in the front row became apparent. They were not doing their job of keeping order, yet they were angry that order was not being kept. Someone said they wanted a bribe.

Finally, a New Horizons Foundation staff person crossed the stage with an ultimatum for the audience. The voices slowed enough to hear it, and as if by silent cue, a small exodus took place in fast-forward. The full auditorium emptied and for the first time since I had entered there was silence.

I scanned the faces of the IMPACT students and put my arms around the ones nearest me. Stunned disbelief was written on their faces. What had just happened? Their entire project had failed.

I could see my breath as I looked out into the silent room. Cristi sat expressionless on the far right side of the auditorium, his head resting on his hand.

For the first time since I’d known him, I saw profound discouragement, even sorrow, etched on his face. I so deeply wanted to encourage him, but suddenly, everything that I didn’t understand about Romania seemed to stand in the way.

What could I really say? This was the Romania the kids knew; this is what they were up against. It was what I would never experience but had just seen face to face.

All I could do was quietly stand with my arms around them, breaking for them under the weight of their disappointment and pain.

Yet in the time of their discouragement, the students reminded me again of who they were.

In the next moments, they circled onto the stage and began saying what they appreciated about each other; they talked about their project and planned to be at IMPACT club meeting the next night.

I listened to them speaking in Romanian and studied their faces. Some were tear-streaked, some blank, some venturing a smile but all were still determined, still standing, still strong.

They are incredible, I breathed,
Eating through different eyes
One student’s struggle with an eating disorder

BY ANONYMOUS AUTHOR

I sit quietly in my dorm room hoping to go unnoticed when a knock on the door brings the question that I dread most, “Do you want to come to the caf with us?” “I’m not hungry,” I say, praying my lie will suffice. But it doesn’t, and much to my dismay, a few minutes later I am slowly walking with a group of friends to the cafeteria. While waiting in line, a range of emotions, concentrated around intense fear, rages through my head.

My ID card is scanned and my hands start to clench as extreme apprehension fills my eyes. I feel as if I am preparing to fight off the calories and fat that I will be confronted with. I allow myself the strictest amount of food possible as I place the smallest of portions on my plate and mentally calculate the calories and fat content. I wait nervously at the door of the dining room for my friends and walk slowly behind them to a table.

We sit and begin praying. My prayer is characterized by statements such as, “God please help me get through this meal without questioning” and “Please help the time pass as quickly as possible.” We are sitting at a table in the middle of the caf with numerous people around. I silently fear that each one is secretly wondering why I would dare put any more food in my already disgustingly fattened body.

The time seems to take forever to pass, as I use every trick and technique known to cause my tray to appear as if the food has been eaten. I can’t wait to leave the dining room and be away from the excessive amounts of calories and fat. As we leave the dining room, I feel a strong sense of urgency to get the food in my stomach out of me. I calculate the number of calories I ate into the number of miles I need to run to balance it.

Once back at the dorm I secretly “I want those without eating disorders to realize this is a far cry from an attention-seeking, glamorous disease.” slip on my running shoes and athletic clothing and out a side door to attempt to counter the fat that is overtaking my stomach. I run until I faint and then proceed to do it again. After I feel as if I’ve countered the calories and fat to a great enough extent I end the workout, but only until after the next meal, when the process will begin again. It is then that I am reminded I have an eating disorder.

I want those without eating disorders to realize this is a far cry from an attention-seeking, glamorous disease. It is serious, fatal and incredibly difficult to live with on a daily basis. Having an eating disorder is not a conscious choice. It is a coping mechanism to deal with life events, to feel as if one has some sort of control over what is happening around them.

I want those with eating disorders to know that having this disease is not your fault and you are not alone. You did not make a choice one day that caused you to have an eating disorder. It took much longer to develop a disorder, which means that healing will take longer as well. Healing, however, can happen and it happens much faster with cooperation.

What you can do

If you are concerned about a friend or have similar or related struggles, please contact the Wellness Center. By speaking to a therapist or nurse practitioner you can learn more about various eating disorders, their impact on life and what it might take for prevention or recovery. Help is available at 707-7321 or wellness@nwcwowa.edu. Monday, Feb. 25 through March 3, you can take a free, confidential online eating disorder screen at www.studentscreening.org. NW access code is: NWCC25.

The inspiration of dreams: Dragons, bricks and rainbows

BY LIBBY BURKITT

The Bloodless Dragons have been a fixture on campus for the past couple of years, playing shows at the Ethnic Fair, last year’s Red Letter Festival—and all of it in the name of fun. Senior Steve Mahr, spokesperson for The Bloodless Dragons, describes the band’s mission: “This has allowed us to have fun and play music,” Mahr confides.

And through their fun and their music these artists have raised over $800 in the past two years for the crisis in Darfur and helped to raise somewhere near $4,000 last spring for The Bridge at the Red Letter Festival—and all of it in the name of rock and The Great Dragon.

The Bloodless Dragons and their allies serve an important role in the community of Heemstra and the larger community around them. “This has allowed us to deal with the pressure we feel as we face the incredible problems in the world. We don’t know what to do about kids in Somalia or Darfur or Calcutta but we do know how to have fun and play music,” Mahr says.

“I want those without eating disorders to realize this is a far cry from an attention-seeking, glamorous disease.”

- Steve Mahr

The Great Dragon told Rainbows. The Great Dragon told these lesser dragons that they were to be his messengers—to speak of the origins of the world and the ruin it had come to. Then hail poured down from above as confirmation of this vision.

“So these three dragons returned to Northwestern College and formed a band through which they could speak the truth of the ancient ways and tell the myths and dragon lore of the past. But they were not satisfied with their influence and so they asked for the help of other skilled musicians who lived in Heemstra—The Thunder Chiefs, Brick Fight and Canary’s Banter.”

Yet for all this joy The Bloodless Dragons and their allies serve an important role in the community of Heemstra and the larger community.

Justin Robb, Mark Alsum, and Steve Mahr of The Bloodless Dragons perform at last year’s Red Letter Festival. The band helped to raise $4,000 in that event for The Bridge and has raised over $800 alone for the crisis in Darfur.
Raider men score two big GPAC wins

BY JONATHAN MEERDINK  STAFF WRITER

The Northwestern men’s basketball team relied on stellar shooting to grab big wins over Morningside and Doane this past week.

NW 93, Morningside 90

Two periods weren’t enough in this one as NW and Morningside had to go into overtime to settle the score in a game rife with conference implications.

Play was relatively even through the first half, as neither team was able to fully take control of the game. Morningside led most of the way, but never by more than nine points. The host Mustangs led by eight just before the half, but a three-pointer by junior Kale Wiertzema cut the advantage to five.

The second half was a mirror image of the first. NW took the lead early but couldn’t establish a strong advantage, never leading by more than eight. Morningside rallied back over the last few minutes and took a three-point lead with 37 seconds

“All the way to go. Wiertzema responded with a three-point play to tie the game at 78 with 29 seconds left. Neither team converted opportunities in the final half-minute, so the struggle continued in an extra period.

Once again, neither team could establish a solid lead. The Raiders grabbed a five-point advantage, but Morningside rallied once more to tie the game at 90 with one minute on the clock. NW missed a three-pointer on its next possession, but Wiertzema again came up with a key play, securing an offensive rebound that gave the Raiders a second chance. This time it was senior Curt Schilling who knocked down the three with just two seconds remaining, wrapping up a huge victory for NW.

“This was a big one for us,” said junior guard Andrew Stimson. “Going into a tough environment and grinding out a win the way we did really gives us a lot of confidence.

Schilling led the way for the Raiders, netting 29 points, including six three-pointers. Wiertzema scored 24 and also contributed several key plays down the stretch. Senior Chad Schuiteman pulled down 12 rebounds for the Raiders.

NW 99, Doane 82

The Red Raiders traveled to Crete, Neb., on Feb. 16 to take on the Doane Tigers. NW was never really challenged in this one and didn’t trail after the 17-minute mark in the first half. The Raiders connected on 10 three-pointers in the first half to build a 21-point lead going into the break.

The second half was more of the same for the visiting Raiders. NW continued its great shooting (52 percent for the game) and led by more than 20 for most of the period. The Raiders also dominated on the glass, out-rebounding the host Tigers 42-31.

Schilling led the way for the Raiders, dropping 33 points on the Tigers with 11-of-18 shooting. Wiertzema and senior Mark DeYounge added 18 and 11 apiece for NW, who received scoring contributions from 10 different players in the victory.

The Raider men will conclude their regular season play tomorrow in a home contest against Briar Cliff. Tip-off is scheduled for 4 p.m.

Individuals perform well in track events

BY BETH MOUW  SPORTS EDITOR

Three records were smashed and two more Northwestern runners provisionally qualified for nationals at the John Dalton Invite on Saturday, Feb. 16.

Sophomore Emily De Weerd easily had her best meet to date, setting new school records in the 60m dash, 60m hurdles and 200m dash. Her times were 8.29, 9.53 and 27.06, respectively. De Weerd admitted, “Fall workouts have definitely proven to be a blessing in disguise.”

Also performing well on the women’s side were freshmen Stephanie Powell and Sarah Hess, who took seventh and eighth in the 600m dash.

“The encouragement is there every day, and that is what drives us.” - Logan Ogden

For the men, both junior Dan Walhof and freshman Kevin Krueger crossed the line first in their respective events, the 3000m and 600m dash. Walhof’s time of 8:51.63 was good enough to provisionally qualify for nationals. Following his lead was freshman Logan Ogden, who qualified in the shot put with a toss of 40-10.5, which was good enough for seventh place.

Senior Kyle Blankers took fourth in the long jump with a leap of 22-6.5, and junior Ben Brown grabbed seventh in the 600m dash.

Ogden attributes the team’s success to the constant hard work in practice. He noted, “The encouragement is there every day, and that is what drives us.”

Walhof added, “Every day when I’m at practice, I see people working hard, enjoying and using the gifts God has given them. I hope that, as a team, we can all say we’re doing it to glorify him.”

With the GPAC Indoor Championships a mere day away, De Weerd shared, “A goal that the women’s team has made to finish in the top five. I think it is a very obtainable goal if we all run to the best of our ability. We will for sure score the most points we have in a long time.”

The Raider track team will travel to Lincoln, Neb., tomorrow to compete in the GPAC indoor championships.

“The GPAC meet is the focal point of the season,” said Walhof. “Our coaches always do a good job of getting us as ready as can be. All we have to do is give our best effort.”

In other track-related news, senior Michael Ortmeier competed in the heptathlon last week at the ISU Classic. After setting a new personal best in the 55m dash, he said, “things went downhill from there.” By the end of day one, Ortmeier was 200 points behind his expectations.

Day two of the competition brought redemption, though. Ortmeier performed well in both the 110m hurdles and pole vault. He then beat his personal best in the 100m by 16 seconds, finishing the competition with 4,270 total points and advancing him to eleventh in the nation.

Ortmeier says, “As I reflect on the two days of competition, I have learned two things. First, never again do I want the competition to come down to the last event! Second, ‘I can do all things through Christ who strengthens me.’”

BY HEIDI HILDEBRANDT  CONTRIBUTING WRITER

Northwestern split their games this week, topping Doane College 84-76 and falling to Morningside 86-88. The Red Raiders are now 16-1 in the GPAC.

NW 86, Morningside 88

The Morningside gym was packed Wednesday night as the second-ranked Red Raiders took on the third-ranked Mustangs. Neither team was able to take complete control of the first half, as Morningside ended the half with a slight 41-39 lead.

The beginning of the second half saw senior Amy Larson sink a three-pointer to pull the lead to five. The lead then switched several times before the Raiders began to break away with 14 minutes left of play. NW held the lead 84-75 with 3:22 left in the game until Morningside went on an 11-2 run to tie the game with 24 seconds left. After a timeout, the Mustangs scored on a buzzer-beater to lift Morningside to a victory.

“We seemed to let our guard down,” Larson commented. “That gave them a chance to get back in the game. Overall, she believed “it was a game with two great teams in a great atmosphere, so now we just need to learn from it.”

Larson led the Raiders with 27 points while senior Deb Remmerde finished with 24 points and seven rebounds. Sophomore Randa Hulstein added 17 points and eight rebounds and senior Miranda Boekhout dished out five assists.

NW 84, Doane 76

At Doane’s Doane Invitational, the Raiders controlled most of the first half, their biggest lead being 17 points with four minutes left in the half. NW then battled back with a 10-2 run, trailing 31-40 at the half.

The Raiders came back with a vengeance in the second half, scoring the first ten points to take the lead, 41-40. The game remained close, but NW took control with an 11-7 run and never looked back. Remmerde broke her own school record of points scored in a game with 51. Her previous record of 50 was set earlier this season. Hulstein added 10 points as the Raiders shot 49 percent from the field. Junior Crystal Algardi led the rebounding effort with seven and senior Mandy Carr added six, while Boekhout threw six assists in the win.

The Raiders will close out their regular season on Saturday when they play Briar Cliff in the Bultman Center at 2 p.m.
Wrestlers prepare for national tournament

BY BETH MOUW
SPORTS EDITOR

GPAC Championship

The Northwestern wrestling team boasted a third-place finish and six individual top three winners at the GPAC Wrestling Championships last Saturday, Feb. 16. Dana College and Morningside took first and second ahead of the Raiders.

Two NW wrestlers won the championship in their respective weight classes: juniors Levi Price (149) and Enock Francois (174). Price, currently ranked second in the NAIA North Region, defeated Hasting’s Andrew Hare 6-4 to win the GPAC championship.

Both Price and Francois earned GPAC Honors. Price boasts an overall record of 29-10, while Francois maintains a 25-5. Francois and Hasting’s Andrew Hare both Francois and Hasting’s Andrew Hare 6-4 to win the GPAC North Region, defeated Price, currently ranked second in (149) and Enock Francois (174).

Junior Cole Spree took third on the day, falling to BCU’s Jordaryl Logan in the third round.

Of the tournament, Head Coach John Petty said, “Our guys gave great efforts, but we just got beat on the mat and that is where we left it: on the mat. But last week has nothing to do with next weekend.”

Francois commented, “I felt that we wrestled hard, but I know we can always wrestle better. Even now, I see us just continually improving as a team.”

In anticipation of the upcoming competition, Reed said, “The national tournament will remember this year when the Raiders come to town and put on a show for the nation.”

The national wrestling tournament will be held in Sioux City on Saturday, Feb. 8.

Coach Petty Resigns

Beginning in the 2008-09 school year, Petty will be taking the head coaching position at the first-year wrestling program in Riverside, Calif., at Cal Baptist University.

In a letter to the NW community, Petty wrote, “This is a difficult day for the Petey family, but I truly believe that we are following where we feel we are being called.” He went on, “Even though we are excited about being able to return to the west coast and will be closer to our families it also saddens us to leave such a great program, school and community.”

Petty will also miss the NW wrestlers because “our guys are just not afraid to get tired.” He concluded, “I know and respect this sport. It is one of the most difficult things that I have ever experienced, but I also know how much worth it has. The work will make them better wrestlers, and most importantly better men.”

Mandy Carr

BY BETH MOUW
SPORTS EDITOR

Mandy Carr

PROFILE

Mandy Carr

was named Honorable Mention All-GPAC for their performances this season. Price boasts an overall record of 29-10 while Francois maintains a 25-5. Eaton, Reed, and Jackson each earned Second Team honors, while Spree was named Honorable Mention.

Player Profile

Mandy Carr

Born on a farm and raised in Sioux Center, senior Mandy Carr has no trouble admitting “I was a tomboy and loved to play outside.” The 5’9” guard also reveals, “My goal in life when I was little was to get my brother in trouble all the time—even when he didn’t do anything wrong.”

Her parents, however, wished their daughter to use her talents elsewhere. She says, “I was blessed with amazing parents who supported me through everything. They pushed me to strive to be the best in whatever I did.”

As an example, Carr shares how her basketball career started: “My dad always made me go into the garage and do all kinds of dribbling drills. It really pushed me to start playing because I really had an interest in it, but I just never thought I would be very good.”

Another factor that helped her on her way to playing college basketball was her choice of role models growing up. “I wanted to be just like Sheryl Swoopes,” Carr says. “Even more than getting out of class, Carr appreciates the NW basketball program and all it has done for her. When it comes to the girls on the team, she says, “My teammates are my family.” When she’s perfectly honest with herself, though, she doesn’t have trouble admitting, “I also love winning, so having the record we have right now isn’t too bad either!”

Carr has played many roles along the road to success her team has enjoyed this year and in years past. Last season saw her lead the team with 60 steals and come in second with 126 assists. She also earned Honorable Mention All-GPAC honors.

After graduation, Carr plans to “move to Chicago or some major city” in order to pursue a career as a sports reporter. “I want to be the one on the sidelines of the games interviewing the athletes,” she shares. “And I want to be in a city because I am sick of small towns.”

With the realization that her athletic and college career is nearly over, Carr says, “I am getting excited to graduate. I just need to find a job first.” In reference to leaving the college life behind, she shares, “The thing I’ll miss most are my teammates. I’ve known the seniors my whole career here, so it’s going to be sad when we go our separate ways.” But, looking on the bright side again, she admits, “I won’t miss the pre-season conditioning and running on the Puddlejumper. I think I’ll be just fine leaving that behind.”
Two touring ensembles head for eastern and western United States

BY RENEE NYHOF
ASSISTANT NEWS EDITOR

Two of Northwestern’s official touring performance groups will travel opposite directions in the United States during spring break.

“The college touring ensembles follow a strategic plan for tour locations, with the intent of systematically visiting all areas of the United States,” said Thomas Holm, associate professor of music.

This year, heading to the western United States will be the 10 members of the Drama Ministries Ensemble. They will be performing “Goliath and Other Foes,” which includes eight different stories about ancient Israelites from the Old Testament, according to Jeff Barker, professor of theatre and speech.

“It’s been several years since the Drama Ministries Ensemble has been to this area,” said Barker. “We try to rotate where we go to stay in relationship with the Reformed churches that support NW.” Therefore, tour stops for the Drama Ministries Ensemble include performances at 11 churches, four schools and an assisted living center.

“Touring is part of the ethos of NW to not only reach out and minister to churches and culture, but also to help students learn about what it’s like to be a servant to the community,” said Barker.

The Drama Ministries Ensemble has invested more time in these ancient plays than in any other, according to Barker, and the members are truly excited to present their work over spring break. Heading to the eastern United States will be the members of the A cappella Choir. The choir will be performing a three-part tour at churches and a school in Iowa, Illinois, Indiana, Ohio, New Jersey and New York.

“The A cappella Choir was last in New York in 2000, so it is now time for us to return,” said Holm. “The band and the choir tour every year, and two of our main purposes are to represent NW to our constituencies and to provide excellent performance experiences for our musicians.”

Although this tour is a music performance tour and all the “official” activities will involve performing. The students will also have a day off in New York City to have a chance to see the sights and also take in a Broadway show.

“The tour also provides an interesting social bonding aspect.”

“New work on bonding right from day one of fall rehearsal,” said Holm.

Once the A cappella Choir returns home from their musical and social experience, they plan to perform a home concert on Friday, March 14, at 7:30 p.m. in Christ Chapel.